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Cancer-Fighting Foods You Will Survive Bmj
Tips for students and junior doctors The BMJ ' s social networking site, doc2doc, has just published an e-book that resulted from an online discussion on how to survive as a junior doctor. Here is a selection of tips. ... You can get around this easily by placing the tourniquet tightly, high up on the patient ' s arm, and then pressing very ...

You will survive - bmj.com
You Will Survive Bmj " You will survive " started out as a discussion thread that received over a thousand tips and cautionary tales on BMJ Group ' s global online clinical community, doc2doc. For this second edition, we have also included invaluable words of wisdom written by junior doctors for BMJ Careers. Good luck with the new job. YOU ...

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YOU WILL SURVIVE BMJ ' s guide for newly qualified doctors. By Compiled Tom Nolan, Imran Qureshi, Sarah Jones, Daniel Henderson, Edited Sabreena Malik and Matthew Billingsley. Abstract. Starting life as a junior doctor is one of the biggest challenges you ' ll face. Five or six years of medical schoo

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" You will survive " started out as a discussion thread that received over a thousand tips and cautionary tales on BMJ ' s online clinical community, doc2doc. It now includes valuable words of wisdom written by junior doctors for BMJ Careers and Student BMJ. Good luck with the new job. I ' m sure you, like most, will

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You Will Survive Bmj
Malaysia had big plans for its medical tourism industry in 2020—only for the pandemic to hit. Megan Tatum reports on a sector full of profit and promise that is now full of uncertainty. Earlier this year, Lee Kim Siew, a plastic and reconstructive surgeon, had been due to travel to Indonesia with the Malaysian government. He had been invited to appear at an annual showcase of Malaysia ' s ...

Will medical tourism survive covid-19? | The BMJ
High impact medical research journal. Champion of better research, clinical practice & healthcare policy since 1840. For GPs, hospital doctors, educators & policymakers.

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05/08/2015 • 8:08 am. You Will Survive: Guide for newly qualified doctors from the BMJ. Tips for students and junior doctors. The BMJ ' s social networking site, doc2doc, has just published an e-book that resulted from an online discussion on how to survive as a junior doctor. Here is a selection of tips.

You Will Survive: Guide for newly qualified doctors from ...
YOU WILL SURVIVE BMJ ' s guide for newly qualified doctors. By Compiled Tom Nolan, Imran Qureshi, Sarah Jones, Daniel Henderson, Edited Sabreena Malik and Matthew Billingsley. Abstract. Starting life as a junior doctor is one of the biggest challenges you ' ll face. Five or six years of medical schoo

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CiteSeerX — YOU WILL SURVIVE BMJ ' s guide for newly ...
After initially emerging in China, the coronavirus (COVID-19) outbreak has advanced rapidly. The World Health Organization (WHO) has recently declared it a pandemic, with Europe becoming its new epicentre. Italy has so far been the most severely hit European country and demand for critical care in the northern region currently exceeds its supply. This raises significant ethical concerns, among ...

Whose life to save? Scarce resources allocation in the ...
Background Although survival rates for infants of less than 26 weeks' gestation have increased, rates for those born at less than 24 weeks do not appear to have changed. While there are good data on overall survival, it is unclear how many infants are offered active resuscitation but do not survive. The study objectives were to describe the numbers receiving active treatment and the length of survival in infants live born at 22 or 23 weeks' gestation but who did not survive, and any changes ...

Survival in infants live born at less than 24 weeks ...
Introduction Currently, we are unable to accurately predict mortality or neurological morbidity following resuscitation after paediatric out of hospital (OHCA) or in-hospital (IHCA) cardiac arrest. A clinical prediction model may improve communication with parents and families and risk stratification of patients for appropriate postcardiac arrest care. This study aims to the derive and ...

NEUROlogical Prognosis After Cardiac ... - bmjopen.bmj.com
The global pandemic caused by transmission of the novel severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) and resultant COVID-191 has created a crisis worldwide for health, healthcare and society. Doctors and healthcare workers will confront fears, and endure risks, making many difficult life-or-death decisions to treat patients and support colleagues as we confront this pandemic ...

COVID-19 and medical professionalism in a pandemic ...
The virus may survive on the surface of the facemasks.29 and modelling studies have quantified the contamination levels of masks.30 Self-contamination through repeated use and improper doffing is possible. For example, a contaminated cloth mask may transfer pathogen from the mask to the bare hands of the wearer. ... Published by the BMJ ...

A cluster randomised trial of cloth masks ... - BMJ Open
Coombes is absolutely right to point out that " GPs are in pole position to care for those who survive initial infection but are left with longstanding mental and physical effects " of covid-19.1 This is at the heart of what we do—provide ongoing care for our population in the community. She goes on to say that we as GPs " need to prepare for a massive expansion of flu prevention and ...

Resourcing primary care to tackle covid-19 ... - bmj.com
The COVID-19 pandemic has globally disrupted medical education with the cancellation of lectures, exams, clerkships and ultimately the temporary closure of medical schools. Though the virtual world has come to the rescue, it requires intense and prompt attention from medical educators. The distinctive rise of electronic (e)-learning, a new hybrid model of education whereby teaching is ...

How to Survive Peer Review is a practical handbook designed to help anybody who wants to get their work published in a scientific journal, wants to apply for research funds or who has to undergo formal appraisals at work. It will also help people who have been asked to review articles, abstracts or grant applications. These activities are an essential part of scientific life, yet they virtually never get covered in professional training. It is often difficult even to get any helpful information about the processes from journals, meetings or funders. For the first time, this book brings together all you need to know, with authoritative advice from three authors who have researched peer review extensively and have considerable practical experience as researchers, editors and reviewers.

The new edition of So you want to be a brain surgeon? continues to provide a fun yet informative guide for all medical students and for all those considering a medical degree. An entertaining, authoritative and indispensable guide for all levels, from those thinking of applying to medical school through to medical students and to young doctors. The text has been radically updatedd, and includes even more chapters.

Medicine is a career that most people consider to be enviable. Whatever one's criteria for a good job, being a doctor ticks a lotof boxes: doctors are needed, respected, well remunerated and canmake a difference between life and death Increasingly, doctors areexperiencing stress, depression and anxiety, fuelled by theincreasing demands of the health services, and the lack ofresources to support them. Focussing on the causes, symptoms and management ofpsychological problems experienced by doctors at all stages intheir careers, this book considers the difficulties and stressorsof medicine as a career, linking to studies that look at whatinterventions are successful in the workplace and offering varioussolutions. Including: A study based over 20 years of doctors' stress factors Case histories to bring the subject to life Guidance on choosing a speciality, dealing with difficultpeople, stress and demands 37 A valuable resource both for trainers and doctors alike.

This timely book offers a balanced and thoughtful review of the current mental health emergency and its impact upon and among medical professionals, supported by the best available evidence and illustrated through real-life cases. Recognising the increasing stressors in the role including the impact of the environment in which doctors work, the book examines some of the key emotional drivers for this unhappiness among doctors at work – shame, stigma, suffering and sacrifice – and offers practical steps to emotional and physical recovery. Despite the obvious challenges and stresses of the role, with the right support in place the vast majority of doctors can thrive in their jobs. In reading this book, policy makers, politicians, educators, hospital managers will be reminded of the ethical duty to ensure that doctors are cared for and have access to the time, people and spaces to remain psychological healthy, while doctors will learn to recognize and seek actively the help that they need, and to support and guide one another.

The ultimate enrichment and survival guide for Foundation Programme doctors, Staying Human During the Foundation Programme and Beyond provides time-tested advice and the latest information on every aspect of a junior doctor's life – from clinical transitions, to coping with stress, enhancing self-care and protecting personal and professional relationships. Already acknowledged in its original Canadian edition as an invaluable resource by thousands of doctors working across North America, this UK adaptation – with a host of new material and features – offers evidence-based practical advice to junior doctors on how to cope with a wide-range of challenges including working in teams, sleep deprivation, time pressures and ethical issues, while at the same time maintaining a high level of patient care and safety. The authors also address subjects such as sexuality, equality and social justice.

In its 114th year, Billboard remains the world's premier weekly music publication and a diverse digital, events, brand, content and data licensing platform. Billboard publishes the most trusted charts and offers unrivaled reporting about the latest music, video, gaming, media, digital and mobile entertainment issues and trends.

From the Introduction: What were the facets of Queen Victoria's character and position that resulted in her name encapsulating the values of an entire era? There was her unique status as a female sovereign (the fifth since 1066); her longevity; and the brilliant political and military successes that had been achieved in her name. Then, the Queen was gifted with precisely those personal qualities that she admired in the young Princess May of Teck, " whom she enthusiastically appraised in 1890 as a bride for her grandson, Prince Albert Victor of Wales, heir to the heir apparent in the direct line to the throne. As a potential Queen Consort, May personified Queen Victoria's own ideals. In a letter to her daughter Vicky, the Queen described May as "the reverse of oberflächlich [shallow]...May is a particularly nice girl...reserved 'til you know her well...always occupied...[and] well-informed" (Pope-Hennessy, 1959, p. 207). In fact, May Teck was almost phobically shy, as was the Queen herself, but the public reserve, the resolute seriousness, the earnest striving to do that which seemed to her right and just—those are among the signature aspects of temperament that Queen Victoria shared with Princess May. From the age of 42 until the end of her life Queen Victoria embraced widowhood as her principal personal identity. The birthday of Prince Albert and the anniversary of his death became the anchor points of her calendar, two focal events around which everything else in her life was organized. Both dates were observed almost religiously by the Queen for the remainder of her life and with increasing emotion as her years of widowhood advanced. It is perhaps the famous portrait by the Austrian painter Heinrich von Angeli that best encompasses Queen Victoria's dual post-Albert identities as widow and Queen regnant, displaying her black mourner's dress and face bridal veil, as well as the Sovereign's distinctive Garter sash. This evocative portrait was commissioned in 1899, at a time when Queen Victoria was free from serious depression, having largely recovered from her prolonged grief over Albert's death by the early 1880s. Nevertheless, the Queen's facial expression in the von Angeli portrait evokes weariness and vulnerability. Reproduced on the cover of this book, the picture also portends Victoria's immediate future: In the final 5 months of her life the Queen was to be in a continuous state of mourning as new losses mounted. A Romantic in a decidedly post-Romantic era, Queen Victoria in old age was to confront these new bereavements in her own emotive and hyperbolic style.

The best-selling introduction to evidence-based medicine In a clear and engaging style, How to Read a Paper demystifies evidence-based medicine and explains how to critically appraise published research and also put the findings into practice. An ideal introduction to evidence-based medicine. How to Read a Paper explains what to look for in different types of papers and how best to evaluate the literature and then implement the findings in an evidence-based, patient-centred way. Helpful checklist summaries of the key points in each chapter provide a useful framework for applying the principles of evidence-based medicine in everyday practice. This fifth edition has been fully updated with new examples and references to reflect recent developments and current practice. It also includes two new chapters on applying evidence-based medicine with patients and on the common criticisms of evidence-based medicine and responses. How to Read a Paper is a standard text for medical and nursing schools as well as a friendly guide for everyone wanting to teach or learn the basics of evidence-based medicine.

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