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But one of the most vital skill sets a leader can have is often the least understood:

emotional intelligence. Related:

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5 Ways Emotional
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You've probably heard of emotional intelligence, but how much do you know about it? And how can it help you in the workplace? Some say that emotional intelligence is really the key to long-term

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Emotional

intelligence: What is it and how can it help you in the workplace?

When the famous American cultural anthropologist Margaret Mead said, “ Never doubt that a small group of thoughtful, committed people can change the world ” ,

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she was certainly
seeing the future!
From ...

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How to Reverse the
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It is important for a
recruiter to be able to
distinguish where

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their responsibility to the candidate ends and the responsibility of the company begins.

Why Does Emotional Intelligence Matter In Recruiting?

By keeping a close eye on these three areas, you can ensure your emotional intelligence is one of

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Emotional
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These 3 Key Areas.
The focus on
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Without Emotional Intelligence,
Organizations Are Doomed To Fail
This anecdote — borrowed from a recent episode of the podcast "This American Life" — captures what it can feel like to work in

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the field of
sustainability and
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Navigating the
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rollercoaster of
climate change
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is at the top of many
lists of the most
important skills in

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Treating cognitive
inflexibility — for

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example, by practicing problem-solving — might help ease anxiety and depression in autistic people.

Inflexible thinking in adolescence linked to emotional, behavioral issues in adulthood
The subject of emotional intelligence is nothing new. Plato

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once wrote, “ Human behavior flows from three main sources: desire, emotions, and knowledge, ” and the phrase “ know thyself, ” is inscribed at ...

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in the late 1880s ...

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most important factor
in job performance
and advancement is
emotional
intelligence.

Emotional intelligence
is actually a set of
skills that anyone can
acquire, and in this
practical guide, Daniel
Goleman identifies
them, explains their
importance, and
shows how they can

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be fostered. For leaders, emotional intelligence is almost 90 percent of what sets stars apart from the mediocre. As Goleman documents, it's the essential ingredient for reaching and staying at the top in any field, even in high-tech careers. And organizations that

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Learn to operate in emotionally intelligent ways are the companies that will remain vital and dynamic in the competitive marketplace of today—and the future.

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unparalleled access to
business leaders
around the world and
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at work matters twice as much as cognitive abilities such as IQ or technical expertise in this inspiring sequel.

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Emotional Intelligence
play a major role in thought, decision making and individual success. Self-awareness, impulse control, persistence, motivation, empathy and social deftness are all qualities that mark people who excel: whose relationships flourish, who are stars in the

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Do you want to improve your chances of promotion? Do you want to get on better with your colleagues?

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demonstrates that emotional intelligence at work matters twice as much as cognitive abilities such as IQ or technical expertise in this inspiring sequel.

Daniel Goleman offers a vital new curriculum for life that can change the

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future for us and for
our children

Experts now
acknowledge that
emotional intelligence
(EI) is perhaps the
most crucial
determinant of
success in the
workplace. And
unlike IQ or other
traditional measures
of intelligence, EI can

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be developed and dramatically increased. This unprecedented book demonstrates how to master the core competencies of EI, abilities that include self-motivation, high self-awareness, mood management, and emotional mentoring. In addition, it includes scores of real-world

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A 25th anniversary edition of the number one, multi-million copy international bestseller that taught us how emotional intelligence is more important than IQ - 'a revolutionary, paradigm-shattering idea' (Harvard Business Review)
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Self-awareness,
impulse control,
persistence,
motivation, empathy
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excel, whose
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The groundbreaking
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what it means to be smart, with a new introduction by the author “ A

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Today Everyone knows that high IQ is no guarantee of success, happiness, or

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virtue, but until
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they together shape our destiny. Drawing on groundbreaking brain and behavioral research, Goleman shows the factors at work when people of high IQ flounder and those of modest IQ do surprisingly well. These factors, which include self-awareness, self-discipline, and

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empathy, add up to a different way of being smart—and they aren't fixed at birth. Although shaped by childhood experiences, emotional intelligence can be nurtured and strengthened throughout our adulthood—with immediate benefits to our health, our

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relationships, and our work. The twenty-fifth-anniversary edition of Emotional Intelligence could not come at a better time—we spend so much of our time online, more and more jobs are becoming automated and digitized, and our children are picking up new technology

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Emotional Intelligence
faster than we ever imagined. With a new introduction from the author, the twenty-fifth-anniversary edition prepares readers, now more than ever, to reach their fullest potential and stand out from the pack with the help of EI.

A toolkit for

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