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From Swimming Berlins

Turning: Lessons from Swimming
Berlin's Lakes: Amazon.co.uk:

Jessica J. Lee: 9780349008332:

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Turning: Lessons from Swimming

Berlin's Lakes: Amazon.co ...

Jessica J. Lee weaves history,
ecology, and personal memoir
together in a beautiful story about
her project to swim 52 of Berlin's
lakes in one year. One to read
especially for anyone interested

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Berlin's Lakes in wild swimming, lake ecology, or Berlin. I found Turning after reading and enjoying Lee's essay in *At the Pond: Swimming at the Hampstead Ladies ...*

Turning: Lessons from Swimming
Berlin's Lakes eBook: Lee ...

June 15, 2020 | Kirsty. I picked up Canadian author Jessica J. Lee's debut work, *Turning: Lessons from Swimming Berlin's Lakes* during a lovely warm summer's day, and it turned out to be the perfect choice. Since very much enjoying Amy Liptrot's *The Outrun*, which is partially a memoir of outdoor swimming, I have been keen to pick up more memoirs along the same theme.

'Turning: Lessons from Swimming

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Berlin's Lakes' by Jessica ...

This is a beautiful memoir. The author feels depressed and sets herself a challenge to swim in 52 lakes in and around Berlin over the course of a year in the hope of healing a broken heart.

Swimming becomes a way for her to find a sense of belonging in a new city and gain an understanding of herself. The book works well in various ways.

Amazon.co.uk:Customer reviews:

Turning: Lessons from ...

Author: Jessica J. Lee Publisher: Virago

Turning: Lessons from Swimming Berlin's Lakes – Burley ...

Turning is about the joys of swimming through the year . . .

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Turning Lakes
Jessica brilliantly takes us into the water with her, even on those freezing mornings when she had to use a hammer to smash through the ice to get her fix. It's as much about loss and recovery as it is swimming.

Turning : Lessons from Swimming
Berlin's ... - Book Depository
I picked up Canadian author Jessica J. Lee's debut work, Turning: Lessons from Swimming Berlin's Lakes during a lovely warm summer's day, and it turned out to be the perfect choice. Since very much enjoying Amy Liptrot's The Outrun, which is partially a memoir of outdoor swimming, I have been keen to pick up more memoirs along the same theme.

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Turning by Jessica J. Lee -
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Lessons from Swimming Berlin's
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Turning: Lessons from Swimming Berlin's Lakes - Kindle edition by Lee, Jessica J.. Download it once and read it on your Kindle device, PC, phones or tablets. Use features like bookmarks, note taking and highlighting while reading Turning: Lessons from Swimming Berlin's Lakes.

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Turning Lessons From Swimming
Berlins Lakes

On her winter swims Lee carries a hammer and uses it to smash a place in which she can swim.

“Hammering away, my arms grow warm with the work of it as my legs grow cold in the water.

Turning: A Swimming Memoir by
Jessica J Lee – review ...

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Lakes Yeah, reviewing a books
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From flip turns to warm-ups, don't forget to catch the next video here: <https://www.sikana.tv/en/sport/front-crawl> Learn how to do a flip turn when swimming ...

How to do a Flip Turn When Swimming | Front Crawl - YouTube

One from the advantages of outdoor swimming in Berlin is the possibility to sunbathe throughout the summer time season. Taking

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it with extra care, sunbathing is
healthful because introduces
Vitamin D into the body, so the
best alternative seems to be
switching between indoor and
outdoor pools depending on the
season. Chlorine Totally free
Pools

Berlin Swimming Lessons -
Germany Aquatic Center
Turning Turtles, Frome, Somerset.
406 likes. A swimming business
available in Somerset and
Wiltshire. Teaching beginners to
swimmers to learn how to swim,
gain confidence and improve
stroke technique.

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Pool closures turning Germany

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Berlin Lakes
into 'nation of non-swimmers'
Lifeguards warn that more and more people in Germany are unable to swim: A quarter of primary schools no longer offer lessons; a pool...

Pool closures turning Germany into □nation of non-swimmers ...
Swimming instructors, who are always present in the pool, teach groups of between 5 and 9 children at a time. The course can be continued until achievement of the conditions for "Seepferdchen". A trial lesson is 25€, if you register for course the 18h lesson is free of cost.

'The water slips over me like cool

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Berlin Lakes
silk. The intimacy of touch uninhibited, rising around my legs, over my waist, up to my collarbone. When I throw back my head and relax, the lake runs into my ears. The sound of it is a muffled roar, the vibration of the body amplified by water, every sound felt as if in slow motion . . . ' Summer swimming . . . but Jessica Lee - Canadian, Chinese and British - swims through all four seasons and especially loves the winter. 'I long for the ice. The sharp cut of freezing water on my feet. The immeasurable black of the lake at its coldest. Swimming then means cold, and pain, and elation.' At the age of twenty-eight, Jessica Lee, who grew up in Canada and lived in London, finds herself in Berlin. Alone. Lonely,

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with lowered spirits thanks to some family history and a broken heart, she is there, ostensibly, to write a thesis. And though that is what she does daily, what increasingly occupies her is swimming. So she makes a decision that she believes will win her back her confidence and independence: she will swim fifty-two of the lakes around Berlin, no matter what the weather or season. She is aware that this particular landscape is not without its own ghosts and history. This is the story of a beautiful obsession: of the thrill of a still, turquoise lake, of cracking the ice before submerging, of floating under blue skies, of tangled weeds and murkiness, of cool, fresh, spring swimming - of

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Boiling Lakes facing past fears of near drowning and of breaking free. When she completes her year of swimming Jessica finds she has new strength, and she has also found friends and has gained some understanding of how the landscape both haunts and holds us. This book is for everyone who loves swimming, who wishes they could push themselves beyond caution, who understands the deep pleasure of using their body's strength, who knows what it is to allow oneself to abandon all thought and float home to the surface.

Longlisted for the 2018 Frank Hegyi Award for Emerging Authors "Jessica J. Lee is a writer of rare and exhilarating grace. In

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Turning, she sounds the depths of lakes and her own life, never flinching from darkness, surfacing to fresh understandings of her place in the welter of natural and human history. A beautiful, moody, bracing debut." —Kate Harris, award-winning author of *Lands of Lost Borders* Through the heat of summer to the frozen depths of winter, Lee traces her journey swimming through 52 lakes in a single year, swimming through fear and heartbreak to find her place in the world Jessica J. Lee swims through all four seasons and especially loves the winter. "I long for the ice. The sharp cut of freezing water on my feet. The immeasurable black of the lake at its coldest. Swimming then means cold, and pain, and

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relation." At the age of twenty-eight, Jessica, who grew up in Canada and lived in England, finds herself in Berlin. Alone. Lonely, with lowered spirits thanks to some family history and a broken heart, she is there, ostensibly, to write a thesis. And though that is what she does daily, what increasingly occupies her is swimming. So she makes a decision that she believes will win her back her confidence and independence: she will swim fifty-two of the lakes around Berlin, no matter what the weather or season. She is aware that this particular landscape is not without its own ghosts and history. This is the story of a beautiful obsession: of the thrill of a still, turquoise lake, of cracking

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Turning Lessons From Swimming
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NATIONAL BESTSELLER WINNER

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of the 2020 Hilary Weston
Writers' Trust Non-Fiction Prize
WINNER of the 2021 Banff
Mountain Book Prize in Adventure
Travel Shortlisted for Canada
Reads 2021 One of The Globe and
Mail's "100 favourite books of
2020" On CBC's list of "the best
Canadian nonfiction of 2020" An
exhilarating, anti-colonial
reclamation of nature writing and
memoir, rooted in the forests and
flatlands of Taiwan from the
winner of the RBC Taylor Prize for
Emerging Writers "Two Trees
Make a Forest is a finely faceted
meditation on memory, love,
landscape--and finding a home in
language. Its short, shining
sections tilt yearningly toward
one another; in form as well as
content, this is a beautiful book

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about the distance between people and between places, and the means of their bridging."

--Robert Macfarlane, author of *Underland* A chance discovery of letters written by her immigrant grandfather leads Jessica J. Lee to her ancestral homeland, Taiwan. There, she seeks his story while growing closer to the land he knew. Lee hikes mountains home to Formosan flamecrests, birds found nowhere else on earth, and swims in a lake of drowned cedars. She bikes flatlands where spoonbills alight by fish farms, and learns about a tree whose fruit can float in the ocean for years, awaiting landfall. Throughout, Lee unearths surprising parallels between the natural and human stories that

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Diving Lakes have shaped her family and their beloved island. Joyously attentive to the natural world, Lee also turns a critical gaze upon colonialist explorers who mapped the land and named plants, relying on and often effacing the labor and knowledge of local communities. *Two Trees Make a Forest* is a genre-shattering book encompassing history, travel, nature, and memoir, an extraordinary narrative showing how geographical forces are interlaced with our family stories.

A celebration of outdoor swimming – looking at the history, design and social aspect of pools. Few experiences can beat diving into a pool in the fresh air, swimming with blue skies above

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you. Whether it's a dip into a busy and bustling city pool on a sweltering summer day, or taking the plunge in icy waters, the lido provides a place of peace in a frenetic world. The book begins with a history of outdoor pools – their grand beginnings after the buttoned-up Victorian era, their falling popularity in the 20th century, and the newfound appreciation for the outdoor pool, or lido, and outdoor swimming in the 21st century. Journalist and architectural historian Christopher Beanland picks the very best of the outdoor pools around the world, including the Icebergs Pool on Bondi Beach, Australia; the 137m seawater pool in Vancouver, Canada; Siza's concrete sea pools in Porto,

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Portugal; the restored art deco pool in Saltdean, UK, and the pool at the Zollverein Coal Mines in Essen, Germany. The book also features lost lidos and the fascinating history behind the architecture of the pools, along with essays on swimming pools in art, and the importance of pools in Australia. In addition there are interviews with pool users around the globe about why they swim. The book is illustrated throughout with beautiful colour photography, as well as archive photography and advertising.

Bringing together two parallel and occasionally intersecting disciplines - the environmental and medical humanities - this field-defining handbook reveals

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Berlin's Lakes
our ecological predicament to be a simultaneous threat to human health. The book:

- Represents the first collection to bring the environmental humanities and medical humanities into conversation in a systematic way
- Features contributions from a wide range of interdisciplinary perspectives including literary studies, environmental ethics and philosophy, cultural history and sociology
- Adopts a truly global approach, examining contexts including, but not limited to, North America, the UK, Africa, Latin America, South Asia, Turkey and East Asia
- Touches on issues and approaches such as narrative medicine, ecoprecarity, toxicity, mental health, and contaminated environments. Showcasing and

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Berlin Lakes
Surveying a rich spectrum of issues and methodologies, this book looks not only at where research currently is at the intersection of these two important fields, but also at where it is going.

In the twenty years since its original publication, *The Ghosts of Berlin* has become a classic, an unparalleled guide to understanding the presence of history in our built environment, especially in a space as historically contested—and emotionally fraught—as Berlin. Brian Ladd examines the ongoing conflicts radiating from the remarkable fusion of architecture, history, and national identity in Berlin. Returning to the city

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Behind Lakes frequently. Ladd continues to survey the urban landscape, traversing its ruins, contemplating its buildings and memorials, and carefully deconstructing the public debates and political controversies emerging from its past.

In a story set against the backdrop of Dublin in 1915, two boys who meet at the local swimming hole plan to swim to an island in Dublin Bay the following Easter, but their plans coincide with the Easter uprising--a historic rebellion that changes their li

Combining personal reminiscence with reflections on the history of the place over the years and through the seasons, for the first

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Time this collection brings together writers' impressions of the Pond.

'Remarkable' Robert Macfarlane
'Gorgeous' Amy Liptrot 'Urgent and nourishing' Jessica J. Lee
Nina Mingya Powles first learned to swim in Borneo – where her mother was born and her grandfather studied freshwater fish. There, the local swimming pool became her first body of water. Through her life there have been others that have meant different things, but have still been, in their own way, home: from the wild coastline of New Zealand to a pond in northwest London. In lyrical, powerful prose, *Small Bodies of Water* weaves together memories, dreams and

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Berlin Lakes Exploring nature writing. Exploring everything from migration, food, family, earthquakes and the ancient lunisolar calendar, Nina reflects on a girlhood spent growing up between two cultures, and what it means to belong.

In this wise and thrilling book, Criag Lambert turns rowing--personal discipline, modern Olympic sport, grand collegiate tradition--into a metaphor for a vigorous and satisfying life.

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