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In his autobiography, McCaw recounts for the first time, with brutal honesty, the roots of his family life that defined his character - learning to play the game on the family farm in South New Zealand and being inspired to fly gliders by his war-hero grandfather - and how it gave him the strength to emerge from the lowest moment in his career to become the most successful Captain world rugby has ever seen.

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Richie McCaw is the best rugby player of all-time. He is the most capped All-Black, and has had such an influence on the game of rugby during his playing career that this claim contains much truth. This autobiography surprised me when it peered out of the shelf at a Welsh bookstore in Abergavenny as part of the closing down sale.

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In The Real McCaw, The Autobiography, the first chapter tells of his foundation and the beginning of Richie McCaw's determination to be a great all black. Goal setting and visualization became a major part of his life. He figured out the preparation he needed to succeed and followed through.

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The Real McCaw: The Autobiography by Richie McCaw Richie McCaw, Rugby World Cup winning captain and the New Zealand All Black's most capped player of all time, is unquestionably the greatest player of his generation and arguably the most talented player of all time.

Richie McCaw, Rugby World Cup winning captain and the New Zealand All Black's most capped player of all time, is unquestionably the greatest player of his generation. He is arguably the most talented player of all time. In his bestselling autobiography, McCaw talks with brutal honesty about the roots of his family life that defined his character and how it gave him the strength to emerge from the lowest moment in his career to lift the Webb Ellis Cup, and become the most successful captain world rugby has ever seen. As he prepares to become the first captain to successfully defend the World Cup, McCaw has set the standard of what a professional rugby player should be. Hugely popular and respected, his sheer presence means that he is a natural leader both on and off the pitch and his story is not just a brutal account of life on the front line, but an exhilarating portrait of modern rugby.

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Richie McCaw is the New Zealand All Blacks' most capped player of all time. During the 2011 World Cup he reached 100 caps and has played over 60 Tests as Captain. When the All Blacks beat France in Final, he crowned a ten year career that started with a man-of-the-match performance against Ireland in 2001. Unquestionably the greatest player of his generation, he is arguably the most talented rugby player of all time. In his autobiography, McCaw recounts for the first time, with brutal honesty, the roots of his family life that defined his character - learning to play the game on the family farm in South New Zealand and being inspired to fly gliders by his war-hero grandfather - and how it gave him the strength to emerge from the lowest moment in his career to become the most successful Captain world rugby has ever seen. Unafraid of playing the game right at the edge and putting his body on the line for his team mates, McCaw has set the standard of what a professional rugby player should be. Hugely popular and respected, his sheer presence means that he is a natural leader of men both on and off the pitch and his story is not just a brutal account of life on the front line, but an exhilarating portrait of modern rugby.

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Jonny Wilkinson's career has crossed three decades and four World Cups. He has accumulated phenomenal achievements, world points records, an impressive list of broken body parts, and a drop goal that will be remembered for ever. But the peculiar calmness with which he played the game masked a very different reality. In JONNY, he reveals the extraordinary psychology that he had to tame in order to be able to dominate his sport. For most of his life, he was driven by a quest for perfection and an obsession to be the best player in the world; here he shows how these two facets of his competitive mind took such a hold of him that they sent him to the top of the world, then swept him up and dragged him down into a spiral of despair. Jonny's career has spanned the far reaches: amazing highs and iconic moments, then a fight against injury that culminated in a battle with depression. Here he tells of the physical toll he knew his body was taking from rugby, even from his youth; he tells of how he never wanted to be a kicking fly-half but learned to adapt his natural game to play the style that Clive Woodward believed necessary to win a World Cup, and how he nearly walked out on Martin Johnson's England team 13 years later.

As Kieran Read calls time on his distinguished New Zealand career at the end of the Rugby World Cup, this is the open and honest life story of one of rugby's greatest players, a legendary All Black and a two-time World Cup winner. Kieran Read first played for the All Blacks as a 23-year-old in 2008 and since then has amassed more than a century of Test appearances in the famous jersey. Now, after a stellar provincial, club and international career - including back-to-back World Cup victories - the New Zealand captain writes openly and honestly about his time in the game. Read takes to these pages with his trademark determination, lifting the lid on the unique pressures of succeeding as captain the most celebrated All Black of all time (Richie McCaw). He outlines the decisions that molded his career and uncovers the skills of the coaches who shaped him, while offering readers an inside account of how the world's greatest team functions and thrives. Read unpacks the emotional toll of injury and the ignominy of defeat, neatly illustrating the intense experience of representing a rugby-obsessed nation while delivering a masterclass in how to manage the many demands on the mind and on the body. Forthright and frank, Read's well-respected views on the game and its future are a must-read for rugby fans, and his take on the myriad personalities and the peccadilloes of his team-mates, coaches and opponents will be sure to surprise and delight. From the playing fields of Papakura to the summit of the sport, Read has faced every challenge head on. His life story if no exception.

The bestselling autobiography of the greatest rugby player of our time: Brian O'Driscoll. Since 1999, when he made his international debut, there has been no greater player in world rugby than Brian O'Driscoll. In 2010 Rugby World magazine named him its world player of the decade - and since then the legend has only grown. Now, at the end of his amazing career - which culminated in fairy-tale fashion with Ireland's victory in the 2014 Six Nations championship - he tells his own story. Honest, gritty and thoughtful, Brian O'Driscoll's Autobiography is not just an essential sports book. It is an essential book about family, friends, hard work, courage and imagination. 'Honest, charming and revealing - a thoroughly good read' Rugby World 'A thoroughly enjoyable read ... After reading The Test I warmed even more to O'Driscoll as a player and a man. He stood for a new ethos in Irish sport that refused to accept mediocrity or glorious failure' Fergal Keane, Irish Times 'O'Driscoll's honesty ... takes the reader to a place they simply have not been before' Vincent Hogan, Irish Independent 'A must-read insight into the life and mind of Ireland's greatest rugby player' Irish Mail on Sunday 'There are fascinating insights into the lengths he was willing to go to perform at the highest level' Sunday Business Post

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The phenomenal International Number One Bestseller with exclusive interviews with Richie McCaw, Steve Hansen, Beauden Barrett and Dan Carter, The Jersey is the first definitive story behind the greatest sports team on the planet. 'Extremely well written. Compelling, accurate, insightful and brilliant in the way it captures the New Zealand way. - John Hart, former All Blacks coach. With a better winning record than any other sports team in history, they stand head and shoulders above their nearest rugby rivals. How did a country of just 4.8 million people conquer the world? Peter Bills, who has reported on international rugby for more than forty years, was given exclusive access to all the key figures in New Zealand rugby as he set out to understand the secrets behind the All Blacks success. From Steve Hansen to Beauden Barrett, Richie McCaw to the late Sir Colin Meads, Peter Bills talked at length with over ninety people, both in New Zealand and around the world, with intimate knowledge of what makes the All Blacks tick. This is a story of the first settlers, and the 'Originals' who forged the All Blacks legacy, right through to modern times. It draws heavily on the contributions made by all New Zealanders: players, coaches, officials, supporters and those who have worn the most recognized jersey in the world. Intrinsically, The Jersey goes to the heart of the All Blacks success. It is also an epic story of not just a rugby team but a nation, whose identities are inextricably linked. Additionally, it debates a question, terrifying for any of their opponents. Could the All Blacks get even better?

Winner of the Daily Telegraph Rugby Book of the Year The Sunday Times bestselling rugby book of the year Brilliant, honest, combative - Eddie Jones is a true legend of world rugby and remains an enigmatic figure in the game. In My Life and Rugby he tells his story for the first time, including the full inside account of England's 2019 World Cup campaign. He describes his experience growing up in a tough working-class area of Sydney, where he first played rugby, and how he learnt from the extreme highs and lows of his own playing career - the numerous successes but also the painful disappointment of never playing for Australia. He tells how he then embarked on a coaching career that has seen him become one of the most experienced and decorated coaches in Rugby Union, spanning four World Cups and three finals. His successes have included masterminding England's spectacular victory over New Zealand in the 2019 World Cup and engineering the sport's most stunning upset when Japan beat South Africa in 2015. My Life and Rugby is the story of one of the most compelling and singular figures in rugby. Told with unflinching honesty, this is the ultimate book for all fans of the sport. Written with Donald McRae, twice winner of the William Hill Sports Book of the Year award and three-time Sports Feature Writer of the Year, My Life and Rugby is the story of one of the most compelling and singular figures in rugby. Told with unflinching honesty, this is the ultimate rugby book for all fans of the sport. A Best Book of the Year - Daily Mail, Sunday Times, The Times

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