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People
Your Career: The
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Mind of the Leader! The
Mind of a Leader II -
Professor Philip Kotler
Jacqueline Carter Talks
The Mind of The Leader
(Full Audiobook) This
Book Will Change

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~~Everything! (Amazing!)~~
Top 10 Leadership Books
How To Lead
to Read

The Mind Of The Leader

"The Mind of the Leader goes beyond the hyperbole associated with mindfulness today and provides real-world examples from leading executives that can not only provide inspiration to the reader but outline a path toward the

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cultivation of such critical leadership qualities as selflessness and compassion.

Creating the context for others to find meaning, purpose, and a sense of connectedness has become the hallmark of a productive and engaged organization."

The Mind of the Leader:

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Of The Leader:
How to Lead Yourself,
Your People ...

“ The Mind of the
Leader ” , published by
Harvard Business Review
Press, is the result of a
two-year study into
understanding how
leaders lead themselves,
their people and their
organizations for
extraordinary results.

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How To Lead

Potential Project -

Yourself Your
Focused Minds,

Organizational
People And

Your
Excellence

The mind of the leader is

Organization
a book about changes

For
and how we can make

the organization better

Extraordinary
and agile to the

Results
challenges. The best

leadership system is

selfless leadership. The

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The Mind of the Leader:
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Beyond this finding, we
discovered three key
mental qualities essential
for great leadership:
mindfulness, selflessness
and compassion.

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Mindfulness enables leaders to focus on the task at hand, enabling high productivity.

Equally, it provides an ability to be truly present with people, clients and stakeholders.

For
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Training Leaders for
Success: The Mind of the
Leader ...

They recognize that the

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leaders' role is to enable high performance, and that performance today comes from happy, motivated, balanced employees - so leaders need to ensure those adjectives describe their people. As with all these theories - and leadership in general - it is simple in theory, the hard task in implementing it.

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How To Lead
Ideas for Leaders

Yourself Your
But more than a

description of the

problem, "The Mind of

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radical, yet practical,

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solution. To solve the

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leadership crisis,

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organizations need to put

people at the center of...

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The Mind of the Leader:
How to Lead Yourself,
Your People ...

Leadership is an inner
game — it starts with
understanding, managing
and leading your own
mind before you can lead
others. [6:30]

Mindfulness, selflessness,
and compassion are the
three core qualities that
make great leaders.

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Jacqueline Carter: The
Mind of the Leader
podcast

Since the mind stretches throughout the whole body to every single cell, it stands to reason there is a “ leader ” mind to orchestrate harmony between all cell minds. I believe the “ leader ” mind is located as aforementioned. Organ

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How To Lead

Where is the Mind
Located - What is the
Leader Mind - Heal ...
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description of the
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the Leader offers a
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solution. To solve the
leadership crisis,
organizations need to put

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people at the center of their strategy. They need to develop managers and executives who lead with three core mental qualities: mindfulness, selflessness, and compassion.

The Mind of the Leader -
Rasmus Hougaard,
Jacqueline ...

Based on their years-long

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research and practice, Rasmus Hougaard and Jacqueline Carter, of the Potential Project, have conclusively found that three qualities stand out as being foundational for leaders today:

mindfulness, selflessness, and compassion - what they call the MSC Leadership Mind, the ideal mind of the leader.

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The Mind of the Leader |
Angus & Robertson

“The Mind of the
Leader” book,
published by Harvard
Business Review Press, is
an exploration of how
leaders can lead
themselves, their people
and their organizations
for extraordinary results.

The Mind of the Leader
app provides practices

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which complement and deepen the topics presented in the book. Develop The Mind of a Leader

The Mind of the Leader App - Potential Project
What 's in the Mind of a Leader? Mindfulness, selflessness and compassion may sound a bit touchy-feely, but the

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best leaders also add
“ steely ” to the mix.
Ultimately, it ’ s about
finding a balance that
delivers “ truly human
leadership, ” Hougard
reflects, in this audio clip
from our Expert
Interview podcast.

Extraordinary

What's in the Mind of a
Leader? » Mind Tools
Blog

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“ The Mind of the Leader provides tools for leaders to put people first. It provides a logical journey, starting with understanding the mind and then cultivating qualities to enhance presence, engagement, collaboration, and performance. ” --Gisela A. Paulsen, Global Head, Product Development and Global Product

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"The Mind of the Leader"

A New Book by Rasmus
Hougaard ...

"The Mind of the Leader
goes beyond the
hyperbole associated
with mindfulness today
and provides real-world
examples from leading
executives that can not

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only provide inspiration to the reader but outline a path toward the cultivation of such critical leadership qualities as selflessness and compassion.

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How to Lead Yourself,
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coach, author and international speaker, Damian Hughes chats to Edge about the psychology of good leadership. Damian Hughes, motivational speaker and author of six best-selling management books, started his career as a football coach for Manchester United.

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Inside the mind of a leader | The Institute of Leadership ...

The Mind of The Leader is the result of years of research including interviews of 250 C-suite executives, assessment of 35,000 leaders and a thorough review of the existing research on leadership. In short, it presents cutting edges insight to how you lead

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by Potential Project
Welcome to 'The Mind of a Leader' by Astromax Entertainment!

Worldwide marketing & communications consulting, lectures and publications. "It's by people, for people, and

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The MSC leader -- Part I.
Understand and lead
yourself: Understand
yourself -- Mindfully lead
yourself -- Selfless self-
leadership -- Lead
yourself with compassion

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-- Part II. Understand
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Understand your people

-- Mindful leadership --

Selfless leadership --

Compassionate

leadership -- Part III.

Understand and lead

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Understand your
organization -- Lead for a
mindful organization --

Lead for a selfless

organization -- Lead for a

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organization --

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Afterword: Leading for a
hard future

People And

Join the global
Your
movement that's making
Organization
corporations more

people-centric to achieve
For
great results. The world is
Extraordinary
facing a global leadership
Results
crisis. Seventy-seven

percent of leaders think
they do a good job of

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engaging their people, yet 88 percent of employees say their leaders don't engage enough. There is also a high level of suffering in the workplace: 35 percent of employees would forgo a pay raise to see their leaders fired. This is an enormous waste of human talent--despite the fact that \$46 billion is spent each year on

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leadership development.
Based on extensive
research, including
assessments of more than
35,000 leaders and
interviews with 250 C-
level executives, The
Mind of the Leader
concludes that
organizations and leaders
aren't meeting
employees' basic human
needs of finding
meaning, purpose,

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connection, and genuine happiness in their work. But more than a description of the problem, *The Mind of the Leader* offers a radical, yet practical, solution. To solve the leadership crisis, organizations need to put people at the center of their strategy. They need to develop managers and executives who lead with

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three core mental qualities: mindfulness, selflessness, and compassion. Using real-world inspirational examples from Marriott, Accenture, McKinsey & Company, LinkedIn, and many more, The Mind of the Leader shows how this new kind of leadership turns conventional leadership thinking upside down. It

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represents a radical redefinition of what it takes to be an effective leader--and a practical, hard-nosed solution to every organization's engagement and execution problems.

For
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Leadership is hard. How can you balance compassion for your people with effectiveness in getting the job done? A

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global pandemic,
economic volatility,
natural disasters, civil and
political unrest. From
New York to Barcelona
to Hong Kong, it can feel
as if the world as we
know it is coming apart.
Through it all, our
human spirit is being
tested. Now more than
ever, it's imperative for
leaders to demonstrate
compassion. But in hard

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times like these, leaders need to make hard decisions—deliver negative feedback, make difficult choices that disappoint people, and in some cases lay people off. How do you do the hard things that come with the responsibility of leadership while remaining a good human being and bringing out the best in others? Most

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people think we have to make a binary choice between being a good human being and being a tough, effective leader.

But this is a false dichotomy. Being human and doing what needs to be done are not mutually exclusive. In truth, doing hard things and making difficult decisions is often the most compassionate thing to do. As founder

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of the Leader
Project, Rasmus
Hougaard and his
longtime coauthor,
Jacqueline Carter, show
in this powerful, practical
book, you must always
balance caring for your
people with leadership
wisdom and
effectiveness. Using data
from thousands of
leaders, employees, and
companies in nearly a

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hundred countries, the authors find that when leaders bring the right balance of compassion and wisdom to the job, they foster much higher levels of employee engagement, performance, loyalty, and well-being in their people. With rich examples from Netflix, IKEA, Unilever, and many other global

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Companies, as well as
practical tools and advice
for leaders and managers
at any level,

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Leadership in a human
way.

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Researchers have found
that the accelerated pace
of modern office life is

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taking its toll on productivity, employee engagement, creativity and well-being. Faced with a relentless flood of information and distractions, our brains try to process everything at once increasing our stress, decreasing our effectiveness and negatively impacting our performance. Ironically, we have become too

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overworked, unfocused,
and busy to stop and ask
ourselves the most
important question:

What can we do to break
the cycle of being
constantly under
pressure, always-on,
overloaded with
information and in
environments filled with
distractions? Do we need
to accept this as the new
workplace reality and

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continue to survive
rather than thrive in
modern day work
environments?

Thankfully, the answer is
no. In their new book,
**ONE SECOND
AHEAD: Enhance Your
Performance at Work
with Mindfulness**
(Palgrave Macmillan;
November 2015),
Rasmus Hougaard,
Jacqueline Carter, and

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Gillian Coutts

demonstrate that it is possible to train the brain to respond differently to today's constant pressures and distraction. All it takes is one second. They propose that we need to learn to work differently so we are more focused, calm and have less clutter in our mind so we can better manage our time and

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attention. What if we could hit the 'pause' button on our day, step back, and meet challenges with a sense of clarity and purpose? And what if there was a way not just of 'getting things done,' but ensuring that what does get done are the right things to do? Based on a program in corporate mindfulness designed by Hougaard

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and the partners of The Potential Project, One Second Ahead provides practical tools and techniques as well as real-world examples and lessons from organizations that have implemented mindfulness on a large scale. Thoroughly tested in a diverse range of industries, this program has resulted in

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measurable increases in productivity, effectiveness, and job satisfaction. With the new mindset proposed in *One Second Ahead*, readers will be able to put an end to ineffective multitasking, unproductive meetings, poor communication, and other unhealthy workplace behaviors by applying mindfulness to

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every day work life. All too often, we think that being mindful requires engaging in a special activity like meditation or yoga. Sure, these activities are beneficial and important to train the mind, but there are many simple things we can do to be mindful all day long. One Second Ahead is a handbook for more mindful work that

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offers: Practical, easy to apply, tools and techniques to enhance performance and effectiveness in day to day work activities such as meetings, emails, communication, planning, creativity and more Real-world stories of how mindfulness changed the workdays of leaders and front line employees Tips for

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cultivating mental strategies and routines that can reduce clutter, increase focus, and rewire your brain to enhance presence, patience, kindness and other valuable mind states

Simple yet detailed step-by-step instructions for a more systematic approach to mindfulness training to enhance focus and awareness Guidelines

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for a 10-minute-per-day mindfulness program that can reshape your life both at work and at home; A reproducible planning worksheet and further resources in the Appendix. One Second Ahead can transform daily work life by helping individuals and teams realize more of their potential through greater focus and awareness. The

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tools and techniques in
this book can transform
individual and
organizational
performance one mind at
a time.

This book is compilation
of over 150 my best blog
articles have written with
one goal in mind - to
deconstruct the art of
personal and professional
growth, development,

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and, of course, leadership. In this book I am sharing my passion, and many years of trial and error, success and failure, based on my personal and professional experience, knowledge, and training. If you have ever experienced a fear of failure, low self-esteem, confidence overpowered by fear, lack of motivation, feeling of

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being stuck with no
opportunity to grow,
strong desire to change
your present and create a
better future for yourself
and those around you
but not sure how, strong
desire to improve but
unclear of steps to take,
then this book is for you.
Begin re-discovering new
you - confident,
determined, and ready to
overcome any obstacle

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and fear on your path,
while pursuing your goals
and lifetime dreams
today

People And Your Organization For Extraordinary Results

Inside the Leader's Mind
reveals the five common
ways effective leaders
think and gives you the
tools you need to evolve
your thinking and
become a better leader.

Drawn from the
collective wisdom of 20

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world-class leaders,
Inside the Leader's Mind
shows you how to think
your way to the very top.

Practical and
straightforward, Inside
the Leader's Mind will
show you how to think
differently so you can
become a world-class
leader.

Clear and concise steps
to develop the

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confidence and mental edge that sets you apart as a trailblazing leader—the same approach

thousands of professional athletes have used to become champions. The Leader's Mind taps into the same tips and techniques honed by top-tier athletes, such as how to get in a "zone," thrive on a team, and stay humble, to become a

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champion at work and
the ultimate team player
at home. Based on high-
performance psychology
research and Dr. Jim
Afremow ' s two
decades of experience
providing mental training
services across the globe
to athletes and business
leaders, The Leader's
Mind will help you
master: Valuable
leadership lessons

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through powerful
parables and stories from
well-known leaders. The
actionable steps leaders
must take to change their
thinking and become the
leader they want to be.

The necessary mindset to
push through the
challenges you face and
take control of the
direction your career and
home life are taking. Tips
and techniques to

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overcome seemingly insurmountable odds and challenges in order to excel. Stop struggling with the expectations you face at work and at home by fundamentally changing the way you process what 's happening in your life. The mental edge that sets elite athletes apart outlined in this book will help you become the

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Thinking to stay ahead of
change In a complex
business climate, people
need to make
informed decisions and
learn how to think
flexibly. A leader's
most important asset is
the ability to sense
changes in the
environment and adapt to

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Yourself Your
original and effective way
People And
to think more flexibly
Your
about innovation,
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strategy, change, and
For
problem solving. It helps
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leaders anticipate
Results
challenges and prepare
for both the intended
and unintended
consequences of change
by laying out a program

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for developing, maintaining, and mobilizing eight key skills: Observing, Challenging, Reflecting, Reasoning, Imagining, Deciding, Learning, and Teaching. These skills provide a framework that the thoughtful leader or manager can use to approach issues of strategy, innovation, and more. Chapters

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feature interactive
tools that will help readers
develop each of the key
skills. Bill Welter

(Bartlett, IL) is President
of Adaptive Strategies, a
consulting firm focused
on helping clients in a
wide range of industries
to deal with change. Jean
Egmon (Wilmette, IL)
is Director of the
Complexity in Action
Network and on the

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Of The Leader
School of Management at
Northwestern University.

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A pioneering
neuroscientist reveals
how brain science can
transform how we think
about leadership, team-
building, decision-
making, innovation,
marketing, and
more. Leadership is a set
of abilities with which a

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lucky few are born. They're the natural relationship builders, master negotiators and persuaders, and agile and strategic thinkers. The good news for the rest of us is that those abilities can be developed. In *The Leader's Brain: Enhance Your Leadership, Build Stronger Teams, Make Better Decisions, and Inspire Greater*

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Innovation with
Neuroscience, Wharton
Neuroscience Initiative
director Michael Platt
explains how. Over two
decades as a professor
and practitioner in
neuroscience,
psychology, and
marketing, Platt's
pioneering research has
deepened our
understanding of how
key areas of the brain

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work—and how that understanding can be applied in business settings. Neuroscience is providing answers to many of leadership's most vexing challenges. In *The Leader's Brain*, Platt explains: Why two managers, when presented with the same set of information, make very different decisions; Why some companies

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(Apple) build strong social and emotional connections with their customers and others do not (Samsung); How some of the most significant events in sports history, like the "Miracle on Ice," contain insights for how to build a team; Why even some of the most visionary business leaders can make disastrous

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decisions, and how to fix that. The Leader's Brain relates findings like these, and many more, to help enhance leadership in an ever-shifting world entering a "new normal." In this fast-reading and engaging guide, you'll gain actionable insights you can put into practice as a leader. You will also learn what's going on in your team's brains when

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they are working in sync
with one another, how
you can tweak your
message delivery to make
sure others hear you,
how to encourage greater
creativity and innovation,
and much more.

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The ultimate guide to
becoming an
extraordinary leader –
while finding happiness,
gaining authenticity, and

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banishing stress
Integrating proven
mindfulness practices
and world-class
leadership theory, *The
Mindful Leader* is the
essential guide for self-
aware leadership. The
book simplifies
mindfulness principles
and links them solidly to
business benefits. It
provides a practically-
grounded template for

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leaders to develop
unprecedented levels of
self awareness, wellbeing
and effectiveness.

Research findings
throughout the book
detail the positive impact
of mindfulness from the
perspectives of brain
science, psychology and
leadership. International
case studies from a
variety of industries
illustrate the everyday

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implementation of
mindful leadership.
You'll learn easy
mindfulness practices
that you can implement
today and a practical
framework for everyday
mindful leadership.
You'll also be given
access to online resources
for vision reflections,
values clarification,
mindfulness practices
and more. Mindful

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leadership is a hot topic
— but it's not as simple
as "when you become
mindful, great leadership
will spontaneously
happen." This book
serves as both
mindfulness training and
leadership training,
clarifying the parallel
while guiding you
through the many points
of intersection. Improve
your leadership skills via

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Learn mindfulness from a
practical perspective,
with real workplace skills
Discover how leaders
from around the world
practice mindful
leadership every day
Understand the
neuroscience link
between mindfulness and
great leadership Learn
practices that deliver a

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improvement
deeper sense of integrity,
authenticity, fulfillment
and bottom-line results

Mindfulness provides
real, practical tools for
self-awareness, mental
wellbeing, stress
reduction and more.

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When practiced through
a leadership lens, it
becomes much more
than just another
leadership guide.

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Mindfulness transforms leadership as a whole, delivering real, lasting change that transcends typical leadership training. For a clear, concise framework of mindfulness at work, *The Mindful Leader* is the ideal guide for those serious about effective, sustainable leadership.

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