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An accompanying exercise primer to the best-selling business resource helps readers put the original book's recommendations into practice while suggesting methods by which four key personality attributes can be balanced to make the most out of an individual's abilities. By the author of The 7 Habits of Highly Effective People. Original. 100,000 first printing.

In the 7 Habits series, international bestselling author Stephen R. Covey showed us how to become as effective as it is possible to be. In his long-awaited new book, THE 8th HABIT, he opens up an entirely new dimension of human potential, and shows us how to achieve greatness in any position and any venue. All of us, Covey says, have within us the means for greatness. To tap into it is a matter of finding the right balance of four human attributes: talent, need, conscience and passion. At the nexus of these four attributes is what Covey calls voice - the unique, personal significance we each

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possess. Covey exhorts us all to move beyond effectiveness into the realm of greatness - and he shows us how to do so, by engaging our strengths and locating our powerful, individual voices. Why do we need this new habit? Because we have entered a new era in human history. The world is a profoundly different place than when THE 7 HABITS OF HIGHLY EFFECTIVE PEOPLE was originally published in 1989. The challenges and complexity we face today are of a different order of magnitude. We enjoy far greater autonomy in all areas of our lives, and along with this freedom comes the expectation that we will manage ourselves, instead of being managed by others. At the same time, we struggle to feel engaged, fulfilled and passionate. Tapping into the higher reaches of human genius and motivation to find our voice requires a new mindset, a new skill-set, a new tool-set - in short, a whole new habit.

The essential companion workbook to the international bestseller The 7 Habits of Highly Effective People. Stephen Covey's The 7 Habits of Highly Effective People took the self-help market by storm in 1990 and has enjoyed phenomenal sales ever since. The integrated, principle-centered 7 Habits philosophy has helped readers find solutions to their personal and professional problems and achieve a life characterized by fairness, integrity, honesty, and dignity. Covey's

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tried and true step-by-step approach is explored even more fully in this workbook, which leads readers through the 7 Habits and shows them how to put these ideas into action everyday. With the same clarity and assurance that Covey's readers have come to know and love, the workbook helps readers further understand, appreciate, and internalize the power of the 7 Habits. These engaging, in-depth exercises allow readers—both devotees and newcomers—to get their hands dirty as they develop a philosophy for success, set personal goals, and improve their relationships. The overwhelming success of Stephen R. Covey's principle-centered philosophy is a testament to the millions who have benefited from his lessons, and now, with *The 7 Habits of Highly Effective People Personal Workbook*, they can further explore and understand this tried-and-true approach. This reference offers solutions to both personal and professional problems by promoting and teaching fairness, integrity, honesty, and dignity. An engaging companion to a bestselling classic, *The 7 Habits of Highly Effective People Personal Workbook* will help readers set goals, improve relationships, and create a path to life effectiveness.

Outlines a breakthrough approach to conflict resolution and creative problem solving that draws on the techniques of thinkers from a broad range of disciplines to explain how to

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incorporate diverse viewpoints for win-win solutions.

A Guided Journal Companion for Habit Building and Effective Living Whether struggling with time management or looking for new high-performance habits, *The 7 Habits of Highly Effective People 30th Anniversary Guided Journal* offers prompts, worksheets, and exercises to help you accomplish all your short and long term goals. Journal your way to your best self. When *The 7 Habits of Highly Effective People* was released as a card deck, audiences approached Stephen R. Coveys time-tested principles in a whole new way. Now, this companion journal gives readers a chance to explore effectiveness, plan strategically, and craft inspiration into action. Its concise format is accessible to readers everywhere not only is it easy to understand, but it offers practical and relatable applications. With each habit broken down in an easy-to-implement weekly format, it can inspire both beginners and seasoned *7 Habits* readers to get motivated, build confidence, and promote personal growth. Cultivate success, skill, and self-development. Featuring thought-provoking prompts, worksheets, and inspirations that teach you how to prioritize and achieve your goals, *The 7 Habits of Highly Effective People* guided journal is your next step to success. Inside, find: Journaling prompts for self-discovery, confidence-building, and

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deeper learning of the 7 Habits Worksheets for strategic management and optimal goal achievement Exercises and challenges to stay motivated If you enjoyed books like The 7 Habits of Highly Effective People Personal Workbook, The 52 Lists Project: A Year of Weekly Journaling Inspiration, or The High Performance Planner, then you'll love owning The 7 Habits of Highly Effective People 30th Anniversary Guided Journal.

Revealing a step-by-step pathway for living, this beloved classic that provides powerful yet timeless lessons in personal change celebrates its 15th anniversary with this edition that features a new Foreword and Afterword by the author.

From Stephen R. Covey comes a profound, compelling, and groundbreaking book of next-level thinking that gives a clear way to finally tap the limitless value-creation promise of the "Knowledge Worker Age." In the more than twenty-five years since its publication, the classic *The 7 Habits of Highly Effective People* has become an international phenomenon with more than twenty-five million copies sold. Tens of millions of people in business, government, schools, and families, and, most importantly, as individuals, have dramatically improved their lives and organizations by applying the principles of Stephen R. Covey's classic book. The world, however, is a vastly changed

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place. Being effective as individuals and organizations is no longer merely an option—survival in today's world requires it. But in order to thrive, innovate, excel, and lead in what Covey calls the "New Knowledge Worker Age," we must build on and move beyond effectiveness. The call of this new era in human history is for greatness; it's for fulfillment, passionate execution, and significant contribution. Accessing the higher levels of human genius and motivation in today's new reality requires a change in thinking: a new mindset, a new skill-set, a new tool-set—in short, a whole new habit. The crucial challenge of our world today is this: to find our voice and inspire others to find theirs. It is what Covey calls the 8th Habit. So many people feel frustrated, discouraged, unappreciated, and undervalued—with little or no sense of voice or unique contribution. The 8th Habit is the answer to the soul's yearning for greatness, the organization's imperative for significance and superior results, and humanity's search for its "voice." Covey's new book will transform the way we think about ourselves, our purpose in life, our organizations, and about humankind. Just as *The 7 Habits of Highly Effective People* helped us focus on effectiveness, *The 8th Habit* shows us the way to greatness.

In the ten years since its publication, *The 7 Habits of Highly Effective People* has become a worldwide phenomenon, with more than twelve

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million readers in thirty-two languages. Living the 7 Habits: Stories of Courage and Inspiration captures the essence of people's real-life experiences, applying proven principles to help them solve their problems and overcome challenges. In this uplifting and riveting collection of stories, readers will find wonderful examples of hope and encouragement as they are touched by the words of real people and their experiences of change—change that got them through difficult times; change that solved family crises; change that mended broken relationships; change that turned their businesses around; change that influenced entire communities.

Principle-Centered Guidance for Times That Seem Out of Control The world is changing dramatically and it's easy to be alarmed and lose focus of what really matters most. Don't fall into that trap! Carry your own weather, be proactive, and learn and apply the time-tested principles of The 7 Habits of Highly Effective People. A lot can happen when you have a burst of inspiration. This compact adaptation of The 7 Habits of Highly Effective People can prove to be inspirational, even in chaotic times. Want to discover lifechanging habits that will propel you toward a more productive and effective life? This book, inspired by Stephen R. Covey's all-time international bestseller, The 7 Habits of Highly Effective People, offers an efficient yet in-depth guide. Find

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new or renewed wisdom and direction. Readers who have never learned The 7 Habits before?as well as longtime fans who want a refresher?will find wisdom, direction, self-reflection, and life-affirming challenges that easily can be applied right now. Our rapidly changing world can be stressful, but with this condensed guide, you can develop the principles needed to stay proactive and positive. If you'll devote just minutes each day, you can learn the timeless principles of 7 Habits, find motivation, and take simple steps toward the successful, fulfilling life you deserve. Create a truly inspired life. The positive paradigm shifts that The 7 Habits can produce help you break free of old beliefs and motivate you toward meaningful change. Develop positive behaviors to bring clear communication and harmony to your relationships?not just with others, but also the one you have with yourself. Discover these breakthroughs and more with The 7 Habits on the Go.

The New York Times–bestselling time management book from the author of The 7 Habits of Highly Effective People. Stephen R. Covey's First Things First is the gold standard for time management books. His principle-centered approach for prioritizing gives you time management tips that enable you to make changes and sacrifices needed in order to obtain happiness and retain a feeling of security. First Things First: The

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Interactive Edition takes Dr. Covey's philosophy and remasters the entire text to include easy-to-understand infographics, analysis, and more. This time-saving version of First Things First is the efficient way to apply Dr. Covey's tested and validated time management tips, while retaining his core message. This guide will help you:

- Get more done in less time
- Develop and retain rich relationships
- Attain inner peace
- Create balance in your life
- And, put first things first

"Covey is the hottest self-improvement consultant to hit US business since Dale Carnegie." –USA Today "Covey has reached the apex with First Things First. This is an important work. I can't think of anyone who wouldn't be helped by reading it." –Larry King, CNN "These goals embody a perfect balance of the mental, the physical, the spiritual, and the social." –Booklist

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