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Thank you for making the Schwinn 418/ 428p elliptical trainer a part of your exercise program. For many years to come, you will be able to rely on the quality of Schwinn's craftsmanship and durability. We have included some general fitness guidelines for your use and hope you will find the information valuable in assisting you in your pursuit of a healthy lifestyle. The 418/ 428p elliptical ...

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The schwinn 418 elliptical trainer's 12 programmes include rolling, valley, fat burn, ramp, random, plateau, intervals, mountain, 2 heart-rate, 1 fitness test, & manual mode. As you can see, there is a wide variety of programmes to choose from so you will not go bored with these programmes. Frame. Sturdy and durably constructed; Compact, solid construction. Made from solid steel ; Maximum ...

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Complete evidence-based medical and surgical management of glaucoma for both the general ophthalmologist in practice and residents The only book that covers the new generation of glaucoma procedures including trabectome, trabecular bypass and canaloplasty, by the experts who developed them Includes the latest laser treatments for glaucoma including micro diode and titanium sapphire trabeculoplasty as well as laser from an external approach The most comprehensive coverage of the optic nerve and the importance of nerve fiber layer hemorrhage Provides an integrated approach to neovascular glaucoma merging treatment to the retina, with the use of new anti-VEGF drugs, tubes, and shunts to achieve the best outcome Integrates clinical science with basic science to outline the next steps in glaucoma therapy

This book aims at finding some answers to the questions: What is the influence of humans in controlling CAD and how much is human in control of its surroundings? How far does our reach as humans really go? Do the complex algorithms that we use for city planning nowadays live up to their expectations and do they offer enough quality? How much data do we have and can we control? Are today's inventions reversing the humanly controlled

algorithms into a space where humans are controlled by the algorithms? Are processing power, robots for the digital environment and construction in particular not only there to rediscover what we already knew and know or do they really bring us further into the fields of constructing and architecture? The chapter authors were invited speakers at the 6th Symposium "Design Modelling Symposium: Humanizing Digital Reality", which took place in Ensa-Versailles, France from 16 - 20 September 2017.

Based on a recently completed project of cultural consultation in Montreal, Cultural Consultation presents a model of multicultural and applicable health care. This model used clinicians and consultants to provide in-depth assessment, treatment planning, and limited interventions in consultation with frontline primary care and mental health practitioners working with immigrants, refugees, and members of indigenous and ethnocultural communities. Evaluation of the service has demonstrated that focused interventions by consultants familiar with patients' cultural backgrounds could improve the relationship between the patient and the primary clinician. This volume presents models for intercultural work in psychiatry and psychology in primary care, general hospital and specialty mental health settings. The editors highlight crucial topics such as: - Discussing the social context of intercultural mental health care, conceptual models of the role of culture in psychopathology and healing, and the development of a cultural consultation service and a specialized cultural psychiatric service - Examining the process of intercultural work more closely with particular emphasis on strategies of consultation, the identity of the clinician, the ways in which gender and culture position the clinician, and interaction of the consultant with family systems and larger institutions - Highlighting special situations that may place specific demands on the clinician: working with refugees and survivors of torture or political violence, with separated families, and with patients with psychotic episodes This book is of valuable use to mental health practitioners who are working in multidisciplinary settings who seek to understand cultural difference in complex cases. Psychiatrists, psychologists, social workers, nurse practitioners, primary care providers and trainees in these disciplines will make thorough use of the material covered in this text.

This book introduces neurourology as an emerging interdisciplinary area that covers the basic and clinical studies of the neural control on the normal lower urinary tract and the lower/upper urinary tract dysfunction due to neuropathy disorders. It systematically describes all aspects of neurourology from the epidemiology of the neurogenic bladder; to the pathology and pathophysiology of the lower urinary tract; to the diagnosis and treatment of the neurogenic bladder by conservative therapies or surgeries. This book provides a useful resource for medical doctors, nurses and students in the field of neurourological conditions. All the topics are written by internationally recognized specialists in their field.

This book describes the basic botanical features of kiwifruit and its wild relatives, reports on the steps that led to its genome sequencing, and discusses the results obtained with the assembly and annotation. The core chapters provide essential insights into the main gene families that characterize this species as a crop, including the genes controlling sugar and starch metabolism, pigment biosynthesis and degradation, the ascorbic-acid pathway, fruit softening and postharvest metabolism, allergens, and resistance to pests and diseases. The book offers a valuable reference guide for taxonomists, geneticists and horticulturists. Further, since information gained from the genome sequence is extraordinarily useful in assessing the breeding value of individuals based on whole-genome scans, it will especially benefit plant breeders. Accordingly, chapters are included that focus on gene introgression from wild relatives and genome-based breeding.

Adequate blood supply to the eye is an important prerequisite for normal visual function. Over the past 40 years our knowledge of ocular blood flow regulation has improved significantly. This reader-friendly textbook provides a comprehensive overview of the current knowledge of ocular blood flow. Lavishly illustrated, it evaluates the wide array of methods that have been used to measure ocular blood flow. Furthermore, it not only offers the reader an evidence-based summary of the physiological and pharmacological properties of ocular blood flow regulation, but also demonstrates the ocular blood flow abnormalities in different vascular diseases. This book will enhance the understanding of all who are interested in learning more about ocular blood flow in health and disease.

This book serves as a comprehensive resource on metals and materials selection for the petrochemical industrial sector. The petrochemical industry involves large scale investments, and to maintain profitability the plants are to be operated with minimum downtime and failure of equipment, which can also cause safety hazards. To achieve this objective proper selection of materials, corrosion control, and good engineering practices must be followed in both the design and the operation of plants. Engineers and professionals of different disciplines involved in these activities are required to have some basic understanding of metallurgy and corrosion. This book is written with the objective of serving as a one-stop shop for these engineering professionals. The book first covers different metallic materials and their properties, metal forming processes, welding, and corrosion and corrosion control measures. This is followed by considerations in material selection and corrosion control in three major industrial sectors, oil & gas production, oil refinery, and fertilizers. The importance of pressure vessel codes as well as inspection and maintenance repair practices have also been highlighted. The book will be useful for technicians and entry level engineers in these industrial sectors. Additionally, the book may also be used as primary or secondary reading for graduate and professional coursework.

"Each year, the Academy's Department of History selects a leading military historian to present the Harmon Memorial Lecture to all cadets enrolled in the military history courses offered that term. For many years, these lectures were printed and disseminated individually across the Academy, the Air Force, and throughout academia. In 1988, Lt. Col Harry Borowski, then a faculty member in the Department of History, edited a volume containing the first 30 years of Harmon Lectures. This volume picks up where Lt Col Borowski left off, presenting the next 30 years of Harmon Lectures for the benefit of cadets, faculty and staff, the Air Force, scholars throughout academia, and all persons interested in military history throughout the world. Each of these volumes includes the work and wisdom of the finest military historians of their eras; the contributors represent a veritable Hall of Fame of military historians from 1959 to 2017"--