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The author is the first to person to survey,

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plot and describe such a route, which is called the Great Himalaya Trail (GHT). The Nepal section of the GHT would take about 160 days of continuous walking so it is broken into sections for convenience. Route and planning guide to the best trekking in Nepal ?

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Himalaya Trail. Running the entire 4500 km length of the Himalaya via Bhutan, Nepal and India, The Great Himalaya Trail is the world's longest and highest walking route. The author is the first person to plot and describe the complete route; the 150-day Nepal section is included here.

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The Nepal Himalaya is amazing; a place
where you can immerse yourself in
cultures little changed by the modern
world and be inspired by the greatest

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mountain scenery on the planet. Since the early 1950s, trekkers have been exploring the countless valleys and peaks of the mid-hills, pahar, and high ranges, himal, throughout Nepal.

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trekking routes in Nepal Running the entire 4500 km length of the Himalaya via Bhutan, Nepal and India, The Great Himalaya Trail is the world's longest and highest walking route. The author is the first person to plot and describe the complete route; the 160-day Nepal section is included here.

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Annapurna Circuit is one of the most famous trekking routes in Nepal. The trail traverses a variety of terrain in the Annapurna region. And explore the rich cultural and natural diversity. The trek

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Himalaya Trail offers an amazing view of the Annapurnas, Macchupucchre, Dhaulagiri, Manaslu and Langtang Himal.

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The Great Himalaya trail spans the entire
length of the Nepalese Himalaya, covering
1700km from Kanchenchunga in the East

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Himalaya Trail all the way to Humla and just beyond in the West. The Great Himalaya Trail follows a network of already established treks and trails which when combined together have formed one of the highest walking routes in the world.

The Great Himalaya Trail - Trek

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Trail By Robin ...

Great Himalaya Trail - Great Himalaya
Trail

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Great Nepal Treks & Expedition is one of the best tourism leading trekking company in Nepal when it comes to organizing activities like Trekking in Nepal, Mountain Expedition in Nepal, Heli Tour in Nepal, Mountain Flight in Nepal, Food Tour in Nepal, Cultural Dinner in Nepal, Yoga Retreat in Nepal and so on. The

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Himalaya Trail & Expedition is one of the best, verified by the government of Nepal. We are one of the top listed agencies and our motto is to provide you with the best services and an experience of a lifetime. Price Range To Fit Every Pocket

Why Great Nepal Treks? The Best

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Himalaya Trail Trekking Agency In Nepal

Trekking In Nepal Trekking in Nepal is one of the most popular tourist Activities. Trekking in Nepal generally involves walking on trails with beautiful views for around 6 to 8 hours a day. In a trek, a trekker walks along routes with the variety of land topography including passes, river,

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Trekking In Nepal - Adventure Great
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Pioneering the GHT and other world firsts
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Himalaya Trail
Nepal section of the Great Himalaya Trail,
a representation of exploratory trekking at
its finest.

Route and planning guide to the best
trekking in Nepal □ This guide includes the

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most popular routes plus the recently-
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A route and planning guide to the best treks throughout Nepal, including the route crossing the entire country. With detailed Kathmandu and Pokhara city guides (hotels, restaurants and

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Lonely Planet Trekking in the Nepal Himalaya is your passport to the most relevant, up-to-date advice on what to see and skip, and what hidden discoveries await you. Get to the heart of the Nepal Himalaya and begin your journey now!

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With stories of 50 incredible hiking routes in 30 countries, from New Zealand to Peru, plus a further 150 suggestions, Lonely Planet's Epic Hikes of the World will inspire a lifetime of adventure on foot. From one-day jaunts and urban trails to month-long thru-hikes, cultural rambles

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Himalaya Trail expeditions, each journey shares one defining feature: being truly epic. In this follow-up to Epic Bike Rides and Epic Drives, we share our adventures on the world's best treks and trails. Epic Hikes is organised by continent, with each route brought to life by a first-person account, beautiful photographs and

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charming illustrated maps. Additionally, each hike includes trip planning advice on how to get there, where to stay, what to pack and where to eat, as well as recommendations for three similar hikes in other regions of the world. Hikes featured include: Africa & the Middle East: Cape Town's Three Peaks (South Africa)

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Kilimanjaro (Tanzania) Camp to Camp in
South Luangwa National Park (Zambia)
Americas: Angel's Landing, Zion National
Park (USA) Skyline Trail, Jasper National
Park (Canada) Concepción volcano hike
(Nicaragua) Asia: 88 Sacred Temples of
Shikoku Pilgrimage (Japan) Markha
Valley (India) Gubeikou to Jinshanling on

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and around Rydal and Grasmere (UK)

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Himalaya Trail Comprehensive guidebook full of opportunities for alpine-style ascents on peaks from 18,330 to 21,830 feet high.

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astounding natural beauty ranging from lush rice fields in the south to the high-altitude desert plateau in the north, past Himalayan peaks of over 26,000 ft. This fully revised and expanded fourth edition includes fifteen village plans and forty-five route maps covering these classic treks: >Annapurna Circuit >Annapurna

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Himalaya Trail
Sanctuary > Pokhara to Poon Hill
> Pokhara-Jomsom-Muktinath > Tilicho
Tal > Dhaulagiri Ice-fall > Plus- Manang
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trekking peaks in the Annapurna region

Describes the history, customs, traditions,

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geology, climate, national parks and
conservation areas, religion, and wildlife
of this Himalayan country.

Accurate and detailed maps to help
trekkers find their way in one of the
world's most daunting frontiers.

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Himalaya Trail
Two days east of Lukla was a pleasant yak pasture surrounded by high peaks. When Col. Jim Roberts set out to look for it in 1953, he ended up making the first ascent of Mera Peak and sowing the seeds of Himalayan tourism. Mera Peak has become a popular goal for trekkers and novice mountaineers, but few people

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climb to its true summit, and fewer still travel beyond it to find the secret yak pasture that sparked Roberts's journey. The yak pasture was the Hongu Valley, a hidden sanctuary of grassland, lakes and glaciers linking Mera Peak with the Everest region and Island Peak to the north. Fifty years after Roberts, Mark

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Horrell embarked on a trek through Nepal's Khumbu region to follow in his footsteps, climb the two trekking peaks at either end of the valley, and resolve a long-standing mystery about Mera Peak's height. Join Mark on a captivating journey through this enchanting region of high mountains and remote valleys.

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terraced fields to the highest mountain on
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Sherpa families to travelers on all-

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Kathmandu and along the trails

Employing a guide or porter in Nepal The environment □ how to minimize your

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