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/u0026amp; other parties, i ' m afraid of
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House Rules Rachel Sontag

House Rules: A Memoir (P.S.) by
Sontag, Rachel (April 1, 2009)
Paperback. Rachel Sontag. Paperback.
8 offers from £22.72. House Rules: the
powerful must-read story of a
mother ' s unthinkable choice by the
number one bestselling author of A

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Spark of Light. Jodi Picoult.

[House Rules: A Memoir \(P.S.\):](#)

[Amazon.co.uk: Sontag, Rachel ...](#)

To view it, click here. House Rules by Rachel Sontag is an autobiography of her life and childhood struggle with her unique family situation. Rachel

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grew up with a very controlling father, who created a very structured lifestyle for Rachel and her sister, Jenny.

[House Rules by Rachel Sontag - Goodreads](#)

Buy House Rules: A Memoir by

Page 11/71

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Sontag, Rachel (ISBN: 9780385664752) from Amazon's Book Store. Everyday low prices and free delivery on eligible orders. House Rules: A Memoir: Amazon.co.uk: Sontag, Rachel: 9780385664752: Books

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House Rules: A Memoir:

Amazon.co.uk: Sontag, Rachel ...

"As Rachel Sontag makes clear in her searing memoir, "House Rules," emotional abuse can be as devastating, as cruel, as the most severe physical and sexual maltreatment....What is remarkable

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and inspiring is that Sontag emerged from the situation a stronger person."--San Francisco Chronicle

[House Rules: A Memoir eBook:](#)

[Sontag, Rachel: Amazon.co.uk ...](#)

House Rules: A Memoir by Rachel Sontag (Paperback / softback, 2009)

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The lowest-priced, brand-new, unused, unopened, undamaged item in its original packaging (where packaging is applicable).

House Rules: A Memoir by Rachel Sontag (Paperback ...

by Rachel Sontag. Spend \$49 and get

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FREE shipping on HC.com. A memoir of a father obsessed with control and the daughter who fights his suffocating grasp, *House Rules* explores the complexities of their compelling and destructive relationship as Rachel fights to escape, and, later, to make sense of

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what remains of her family. “ As Rachel Sontag makes clear in her searing memoir, “ House Rules, ” emotional abuse can be as devastating, as cruel, as the most severe physical and sexual ...

[House Rules - Rachel Sontag - E-book](#)

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by Rachel Sontag RELEASE DATE:
March 25, 2008. Self-absorbed debut
memoir about growing up in a
dysfunctional family ruled by a father
adept at inflicting psychological pain.
Sontag presents this as a book on
family dynamics, but its scope is
actually much narrower. She focuses

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primarily on the controlling behavior of her father, a physician in a VA hospital who set and enforced his own unreasonable rules for what the author, her mother and sometimes her younger sister could and could ...

[HOUSE RULES | Kirkus Reviews](#)

Page 19/71

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House Rules by Rachel Sontag is a 2008 autobiographical work, in which the author writes about growing up in suburbia with a father who was a widely respected doctor, much admired by the medical students he teaches. He never physically or sexually abuses his daughter but his

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mental illness, kept hidden from the world, leads him to cause her much psychological pain.

[House Rules Summary |
SuperSummary](#)

Someone mentioned House Rules,
Rachel Sontag ' s memoir about

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growing up under a control-freak father. Someone else mentioned that the father struck back at Rachel for publishing the book. Why yes... yes, he did. An entire website filled with family videos and letters to and from Rachel, showing how she changed from a “ happy, loving, affectionate,

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caring, appreciative member of the family ” to a raging demon whose goal was to sow conflict and break up her parents ’ marriage.

House Rules: The “ He Said ” Part of He Said, She Said ...

“ As Rachel Sontag makes clear in her

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searing memoir, “ House Rules, ” emotional abuse can be as devastating, as cruel, as the most severe physical and sexual maltreatment....What is remarkable and inspiring is that Sontag emerged from the situation a stronger person. ” (San Francisco Chronicle)

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House Rules: A Memoir (P.S.): Sontag, Rachel ...

A memoir of a father obsessed with control and the daughter who fights his suffocating grasp, House Rules explores the complexities of their compelling and destructive

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relationship, and his equally manipulative relationships with his wife and other daughter. As Rachel's mother cedes all her power to her husband, and her sister fades into the background of their family life, Rachel fights to escape, and, later, to make sense of what remains of her family.

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House Rules: A Memoir: Sontag,
Rachel: 9780061341229 ...

As Rachel Sontag makes clear in her searing memoir, "House Rules," emotional abuse can be as devastating, as cruel, as the most severe physical and sexual

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maltreatment. Sontag's physician father,...

Review: Daddy's a doctor - and a control freak

Quotes by Rachel Sontag. “ A void in my chest was beginning to fill with anger. Quiet, defeated anger that

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guaranteed me the right to my hurt, that believed no one could possibly understand that hurt. ” . Rachel Sontag, House Rules. tags: anger , hurt , pain , sad , sadness , void.

[Rachel Sontag \(Author of House Rules\) - Goodreads](#)

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HOUSE RULES, Rachel Sontag explores these important and tough questions as she recounts the abuse she suffered growing up with an emotionally cruel father and a co-dependent mother. At first Sontag's father, Steve, comes across as strict and quirky,

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[House Rules: A Memoir |](#)

[Bookreporter.com](#)

A compelling, at times horrifying work that is impossible to put down, House Rules will stand beside Running with Scissors and The Glass Castle as a memoir that cracks open

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the shell of a desperately dysfunctional family with impressive grace and humor. Rachel Sontag grew up the daughter of a well liked doctor in an upper middle class suburb of Chicago.

House Rules (Audiobook) by Rachel

Page 32/71

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[Sontag | Audible.com](#)

When Sontag broke the rules, regardless of circumstance, he would verbally abuse her for hours, dictating letters of apology from her to him ("I am a selfish, rotten, worthless brat," etc.). Sontag's mother, Ellen, reneged on plans to divorce him for years,

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perhaps partly because Stephen prescribed her into complacency with lithium.

A compelling, at times horrifying work that is impossible to put down,

Page 34/71

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House Rules will stand beside Running With Scissors and The Glass Castle as a memoir that cracks open the shell of a desperately dysfunctional family with impressive grace and humour. Rachel Sontag grew up the daughter of a well-liked doctor in an upper middle class

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suburb of Chicago. The view from outside couldn't have been more perfect. But within the walls of the family home, Rachel's life was controlled and indeed terrorized by her father's serious depression. In prose that is both precise and rich, Rachel's childhood experience

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unfolds in a chronological recounting that shows how her father became more and more disturbed as Rachel grew up. A visceral and wrenching exploration of the impact of a damaged psyche on those nearest to him, House Rules will keep you reading even when you most wish

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you could look away. In the middle of the night, Dad sent Mom to wake me. In my pajamas, I sat across from them in the living room. I was sure Grandma had died and I remember deciding to stay strong when Dad told me. “ What did you say to her? ” he asked. His elbows rested in his lap.

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“ What do you mean? ” “ You spent a good half hour alone in that hospital room. What did you talk about? ” “ I don ’ t know, Dad ”

“ What do you mean, you don ’ t know? You know. You know exactly what you talked to her about. ”

“ You talked about me, Rachel. ”

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“ No. I didn ’ t. ” “ To my own mother? ” I wondered how he ’ d been with Mom, how she ’ d missed the signs. He couldn ’ t have just turned crazy all of a sudden. I wondered if his own father had infected him with anger. But mostly, I wanted to know what he saw in me

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that caused him to break up inside.
Was it in my being born or in my
growing up? --from House Rules

Her father ruled her world. Her
mother couldn't save her. So she had
to save herself. Rachel Sontag grew
up in a family of four whose

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apparently happy exterior concealed a disturbing pattern of psychological abuse by her father and a distressing passivity on her mother's part. Rachel was a bright and loving girl who tried to please her parents. But nothing was ever good enough for her pathologically controlling father, who

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would drag her out of bed in the middle of the night and force her to repeat after him: 'I'm stupid, I'm worthless, I wish I had never been born'. Her mother, on and off anti-depressants and entirely under the sway of her husband, could - or would - do nothing but watch. As Rachel's

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family slowly crumbles under the pressure of a man who refuses to accept his children for what they are, Rachel is forced to ever greater extremes in order to free herself from his crushing grip, in this compelling and beautifully written memoir.

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With a failed marriage just one of her poor decisions, Alter sat down and asked herself what she truly wanted. She discovered that her list could easily be transformed into the cover lines of every woman's magazine-- and decided to spend a year following their advice without

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question.

In his follow-up to his bestselling memoir *Tweak: Growing Up On Methamphetamines*, Nic Sheff reveals a brutally honest account of a young person's struggles with relapse and rehab. In his bestselling memoir

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Tweak, Nic Sheff took readers on an emotionally gripping roller-coaster ride through his days as an addict. In this powerful follow-up about his continued efforts to stay clean, Nic writes candidly about eye-opening stays at rehab centers, devastating relapses, and hard-won realizations

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about what it means to be a young person living with addiction. By candidly revealing his own failures and small personal triumphs, Nic inspires readers to maintain hope and to remember that they are not alone in their battles. A group reading guide is included. Nic Sheff's Tweak,

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We All Fall Down, and his father's memoir about him (Beautiful Boy) are the basis of the film Beautiful Boy starring Steve Carell and Timothée Chalamet.

The heaviness of hurt. The lightness of humor. And, finally, a reason for

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hope and an opportunity to serve humanity. Stephanie Henry ' s childhood took an unexpected turn when her granduncle molested her. The soul-crushing experience was but the first in a series of sexual abuse perpetrated by family members and strangers that wrecked her self-

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esteem and left her feeling isolated, guilt-ridden, and confused. Out of necessity, Stephanie became an instant expert at survival and a student of spiritual endurance. Desperate to regain some sense of control, she began an emotionally shattering struggle with bulimia and

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the curse of having “ the look ” men desire. After slipping through the education system, multiple suicide attempts, years of working as a stripper, losing custody of her daughter, battling drugs and alcohol, and enduring a string of ill-fated marriages, Stephanie put her life on

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course by reaching out to others and fighting for voiceless victims of exploitation around the world. A testament to resilience and preservation, *If Only I Could Sleep* is a heartbreaking and riveting story of self-discovery, sacrifice, and overcoming the challenges that can

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make life seem unbearable.

A New York children's cancer unit psychotherapist draws on his experiences of working with terminally ill children and their families to present a collection of letters that impart life lessons about

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love, family, courage, and other values as learned in the final days of a young person's life.

Based on recorded conversations Lisa Cooper ' s father had with his mother, Pearl, about her early life in Ukraine, *A Forgotten Land* is the story

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of one Jewish family in the Russian Empire in the late 19th and early 20th centuries, set within the wider context of pogroms, World War I, the Russian Revolution, and civil war. The book weaves personal tragedy and the little-known history of the period together as Pearl finds her

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comfortable family life shattered first by the early death of her mother and later by the Bolshevik Revolution and all that follows.

A MOTHER WITH AN EMPTY NEST IS
BEING HAUNTED BY A GHOSTLY
CHILDREN'S CHOIR. ARE THEY GIVING

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HER AN IMPORTANT MESSAGE THAT ONLY SHE CAN HEAR, OR ARE THEIR MOTIVES MORE SINISTER? Louise Beeston is being haunted. Louise has no reason left to stay in the city. She can't see her son, Joseph, who is away at boarding school, where he performs in a prestigious boys' choir.

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Her troublesome neighbor has begun blasting choral music at all hours of the night—and to make matters worse, she's the only one who can hear it. Hoping to find some peace, Louise convinces her husband, Stuart, to buy them a country house in an idyllic, sun-dappled gated community

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called Swallowfield. But it seems that the haunting melodies of the choir have followed her there. Could it be that her city neighbor has trailed her to Swallowfield, just to play an elaborate, malicious prank? Is there really a ghostly chorus playing outside her door? And why won't

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they stop? Growing desperate, she begins to worry about her mental health. Against the pleas and growing disquiet of her husband, Louise starts to suspect that this sinister choir is not only real but a warning. But of what? And how can it be, when no one else can hear it? In *The Orphan*

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Choir, Sophie Hannah brings us along on a darkly suspenseful investigation of obsession, loss, and the malevolent forces that threaten to break apart a loving family.

From the #1 New York Times
bestselling author of Small Great

Page 62/71

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Things and the modern classics My Sister ' s Keeper, The Storyteller, and more, comes a “ complex, compassionate, and smart ” (The Washington Post) novel about a family torn apart by a murder accusation. When your son can ' t look you in the eye...does that mean

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he ' s guilty? Jacob Hunt is a teen with Asperger ' s syndrome. He ' s hopeless at reading social cues or expressing himself well to others, though he is brilliant in many ways. He has a special focus on one subject—forensic analysis. A police scanner in his room clues him in to

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crime scenes, and he ' s always showing up and telling the cops what to do. And he ' s usually right. But when Jacob ' s small hometown is rocked by a terrible murder, law enforcement comes to him. Jacob ' s behaviors are hallmark Asperger ' s, but they look a lot like guilt to the

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local police. Suddenly the Hunt family, who only want to fit in, are thrust directly in the spotlight. For Jacob ' s mother, it ' s a brutal reminder of the intolerance and misunderstanding that always threaten her family. For his brother, it ' s another indication why nothing

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is normal because of Jacob. And for the frightened small town, the soul-searing question looms: Did Jacob commit murder? House Rules is “ a provocative story in which [Picoult] explores the pain of trying to comprehend the people we love—and reminds us that the truth

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often travels in disguise ” (People).

Arguably one of Italy ’ s greatest contemporary writers, Natalia Ginzburg has been best known in America as a writer ’ s writer, quiet beloved of her fellow wordsmiths. This collection of personal essays

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chosen by the eminent American writer Lynne Sharon Schwartz from four of Ginzburg ' s books written over the course of Ginzburg ' s lifetime was a many-years long project for Schwartz. These essays are deeply felt, but also disarmingly accessible. Full of self-doubt and

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searing insight, Ginzburg is merciless in her attempts to describe herself and her world—and yet paradoxically, her self-deprecating remarks reveal her deeper confidence in her own eye and writing ability, as well as the weight and nuance of her exploration of the conflict between

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humane values and bureaucratic rigidity.

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