

Books similar to Hot Lights, Cold Steel: Life, Death and ...

He is the author of the acclaimed medical memoir Hot Lights, Cold Steel. He lives in Hinsdale, Illinois. John Pruden is a professional voice actor who records audiobooks, corporate and online training narrations, animation and video game characters, and radio and TV commercials.

Hot Lights, Cold Steel: Life, Death and Sleepless Nights ...

Like a jolt to the system, he is faced with the reality of suffering and death as he struggles to reconcile his idealism and aspiration to heal with the recognition of his own limitations and imperfections. Unflinching and deeply engaging, Hot Lights, Cold Steel is a humane and passionate reminder that doctors are people too.

Hot Lights, Cold Steel | Dr. Michael J. Collins | Macmillan

Hot Lights, Cold Steel reads like a novel, as the characterization, structure of the plot and the pathos, the utter sadness of some of his cases, and the joy and exhilaration of his successes, had me just as enthralled as any top selling thriller.

Amazon.com: Customer reviews: Hot Lights, Cold Steel: Life ...

Hot Lights, Cold Steel has all the feels and unable to put it down, I read the book in one day. Major changes in the field that date the book are how an ortho residency is now among the most competitive to "match" for and how women are entering the still male dominated/high paying surgical specialty.

Amazon.com: Customer reviews: Hot Lights, Cold Steel: Life ...

In his acclaimed first memoir, Hot Lights, Cold Steel, Collins wrote passionately about his four-year surgical residency at the prestigious Mayo Clinic. Blue Collar, Blue Scrubs turns back the...

Hot Lights, Cold Steel: Life, Death and Sleepless Nights ...

Hot lights, cold steel: Life, death and sleepless nights in a surgeon ' s first years. New York, NY: St. Martin ' s Press. This memoir of the author ' s residency at the Mayo Clinic offers insights into peer relationships and patient empathy. Although the book is centered on the patients the author treats and the lessons he learns along the way ...

Published Memoirs – ECHO Resources - ECFMG

Hot Lights, Cold Steel: Life, Death and Sleepless Nights in a Surgeon ' s First Years is pretention free, and overflowing with humor akin to " House of God. " This is a fetching recount of the life of an orthopedic surgeon. Mangled legs, bone cancer and death are daily realities. Orthopedic surgery must read and my highest rating this month.

Hot Lights, Cold Steel by Michael J. Collins MD ...

Like a jolt to the system, he is faced with the reality of suffering and death as he struggles to reconcile his idealism and aspiration to heal with the recognition of his own limitations and imperfections. Unflinching and deeply engaging, Hot Lights, Cold Steel is a humane and passionate reminder that doctors are people too.

Hot Lights, Cold Steel on Apple Books

Hot Lights, Cold Steel: Life, Death and Sleepless Nights in a Surgeon's First Years. by Michael J. Collins. 4.10 avg. rating · 3246 Ratings. When Michael Collins decides to become a surgeon, he is totally unprepared for the chaotic life of a resident at a major hospital. A natural overachiever, Collins' success, in college and medical scho...

Books similar to The Intern Blues: The Timeless Classic ...

Dr. Collins talked about his memoir Hot Lights, Cold Steel: Life, Death and Sleepless Nights in a Surgeon ' s First Years, published by St. Martin ' s Press. Dr.

When Michael Collins decides to become a surgeon, he is totally unprepared for the chaotic life of a resident at a major hospital. A natural overachiever, Collins' success, in college and medical school led to a surgical residency at one of the most respected medical centers in the world, the famed Mayo Clinic. But compared to his fellow residents Collins feels inadequate and unprepared. All too soon, the euphoria of beginning his career as an orthopedic resident gives way to the feeling he is a counterfeit, an imposter who has infiltrated a society of brilliant surgeons. This story of Collins' four-year surgical residency traces his rise from an eager but clueless first-year resident to accomplished Chief Resident in his final year. With unparalleled humor, he recounts the disparity between people's perceptions of a doctor's glamorous life and the real thing: a succession of run down cars that are towed to the junk yard, long weekends moonlighting at rural hospitals, a family that grows larger every year, and a laughable income. Collins' good nature helps him over some of the rough spots but cannot spare him the harsh reality of a doctor's life. Every day he is confronted with decisions that will change people's lives-or end them-forever. A young boy's leg is mangled by a tractor: risk the boy's life to save his leg, or amputate immediately? A woman diagnosed with bone cancer injures her hip: go through a painful hip operation even though she has only months to live?

Like a jolt to the system, he is faced with the reality of suffering and death as he struggles to reconcile his idealism and aspiration to heal with the recognition of his own limitations and imperfections. Unflinching and deeply engaging, *Hot Lights, Cold Steel* is a humane and passionate reminder that doctors are people too. This is a gripping memoir, at times devastating, others triumphant, but always compulsively readable.

It looked for a while like Michael Collins would spend his life breaking concrete and throwing rocks for the Vittorio Scalese Construction Company. He liked the work and he liked the pay. But a chance remark by one of his coworkers made him realize that he wanted to involve himself in something bigger, something more meaningful than crushing rocks and drinking beer. In his acclaimed first memoir, *Hot Lights, Cold Steel*, Collins wrote passionately about his four-year surgical residency at the prestigious Mayo Clinic. *Blue Collar, Blue Scrubs* turns back the clock, taking readers from his days as a construction worker to his entry into medical school, expertly infusing his journey to become a doctor with humanity, compassion and humor. From the first time he delivers a baby to being surrounded by death and pain on a daily basis, Collins compellingly writes about how medicine makes him confront, in a very deep and personal way, the nature of God and suffering—and how delicate life can be.

What does a doctor do when he thinks his best is not good enough? Matthew Barrett, thirty-one years old and fresh out of residency, is drafted and sent to Vietnam as a combat surgeon in 1967 at the height of the Vietnam War. Compassionate and sensitive to a fault, he is determined to make a difference but quickly finds his idealism crushed by the pain, suffering, and indifference that surround him. Shamed by his inexperience and tormented by his failures, he slowly unravels. Only the love of Therese Hopkins, a nurse, keeps him from falling apart. But will their love survive the grinding horror of war? Matthew's journey of redemption takes him from combat surgeon in Vietnam to transplant doctor in Ohio and, finally, to physician in a relief camp in Biafra, exploring how the caring and compassion that draws young people to pursue the healing arts can also sow the seeds of their own destruction, and how love may be the only thing that can finally make all bleeding stop.

“ A gem of a memoir . . . Holland takes us for a ride through the psych ER that is at once wild and poignant, a ride that leaves deep tracks in even the healthiest of minds. ” —Katrina Firlik, M.D., author of *Another Day in the Frontal Lobe* Julie Holland thought she knew what crazy was. Then she came to Bellevue. For nine eventful years, Dr. Holland was the weekend physician in charge of the psychiatric emergency room at New York City's Bellevue Hospital. In this absorbing memoir, Holland recounts stories from her vast case files that are alternately terrifying, tragically comic, and profoundly moving: the serial killer, the naked man barking like a dog in Times Square, the schizophrenic begging for an injection of club soda to quiet the voices in his head, the subway conductor who helplessly watched a young woman pushed into the path of his train. Writing with uncommon candor, Holland supplies not only a page-turner with all the fast-paced immediacy of a TV medical drama but also a fascinating glimpse into the inner lives of doctors who struggle to maintain perspective in a world where sanity is in the eye of the beholder. Praise for *Weekends at Bellevue* “ An extraordinary insider's look at the typical days and nights of that most extraordinary place, written with a rare combination of toughness, tenderness, and outrageous humor. ” —Andrew Weil, M.D. “ Unforgettable . . . tells a mean story. ” —New York Daily News “ The tension between [Holland's] macho swagger and her shame at the harsh way she occasionally treats patients gives this memoir extra intrigue. ” —Psychology Today “ A fascinating portrait . . . Holland is a good storyteller with a dark wit. ” —New York Post “ Equal parts affecting, jaw-dropping, and engrossing. ” —Booklist

Hundreds of people slam through its doors every day: gun-shot cops, battered kids, drug addicts, and suicides, destitute drunks, homeless people, AIDS sufferers, and accident victims. It's a bizarre parade of humanity looking for help -- in the one place they know they can find it. Welcome to the frontline trenches of medicine: the emergency room of the legendary Bellevue Hospital. Here, an army of doctors and nurses faces the onslaught of young and old, rich and ragged, sick and dying. All day, all night. All year. This is their story -- an around-the-clock drama of the unexpected: a crane falling on a hapless pedestrian; a crazed executive wearing two-thirds of a three-piece suit; a pretty paralegal aide struggling with an on-the-job cocaine overdose; a trauma victim of an East River helicopter crash clinging to life. It's terrifying, tragic, triumphant ... and true.

Med School Confidential from Robert H. Miller and Daniel M. Bissell uses the same chronological format and mentor-based system that have made *Law School Confidential* and *Business School Confidential* such treasured and popular guides. It takes the reader step-by-step through the entire med school process--from thinking about, applying to, and choosing a medical school and program, through the four-year curriculum, internships, residencies, and fellowships, to choosing a specialty and finding the perfect job. With a foreword by Chair of the Admissions Committee at Dartmouth Medical School Harold M. Friedman, M.D., *Med School Confidential* provides what no other book currently does: a comprehensive, chronological account of the full medical school experience.

Describes the educational and intellectual steps to take when considering and preparing to be a doctor, and includes personal accounts from medical school students and doctors on their own choices to become medical professionals.

True stories of transitioning from medical school classrooms to the realities of the hospital: “ Moving, eloquent, and often unforgettable ” (Atul Gawande, MD). After years of practice, doctors can sometimes seem aloof, uncaring, and hurried. What goes on in their minds? Were they always like that, or has their work changed them? And how do some physicians manage to retain their warmth and humanity over the course of a long career? This “ thoughtful and illuminating ” book takes us into the day-to-day lives of third-year medical students at an Ivy League school—just starting out in their profession and dealing with patients face-to-face for the first time (Publishers Weekly). In their own words, more than forty of them reveal what it's really like to enter this field, having their principles of scientific rigor and idealism tested as they cope with real people and real crises in real time. This doctor's-eye-view of the dramas—and occasional comedies—of the world of health care offers fascinating insights about clinical medicine and a behind-the-scenes look at a job that can range from repetitive

routines to life-and-death decisions at any given moment. These stories “ offer a unique vantage on illness, life, and struggle—capturing in vivid glimpses that crucial moment in a doctor ’ s life when one transitions from outsider to insider ” (Atul Gawande, MD, New York Times – bestselling author of Being Mortal). “ Thoughtful and illuminating. ” —Publishers Weekly

Katrina Firlik is a neurosurgeon, one of only two hundred or so women among the alpha males who dominate this high-pressure, high-prestige medical specialty. She is also a superbly gifted writer – witty, insightful, at once deeply humane and refreshingly wry. In *Another Day in the Frontal Lobe*, Dr. Firlik draws on this rare combination to create a neurosurgeon ’ s *Kitchen Confidential* – a unique insider ’ s memoir of a fascinating profession. Neurosurgeons are renowned for their big egos and aggressive self-confidence, and Dr. Firlik confirms that timidity is indeed rare in the field. “ They ’ re the kids who never lost at musical chairs, ” she writes. A brain surgeon is not only a highly trained scientist and clinician but also a mechanic who of necessity develops an intimate, hands-on familiarity with the gray matter inside our skulls. It ’ s the balance between cutting-edge medical technology and manual dexterity, between instinct and expertise, that Firlik finds so appealing – and so difficult to master. Firlik recounts how her background as a surgeon ’ s daughter with a strong stomach and a keen interest in the brain led her to this rarefied specialty, and she describes her challenging, atypical trek from medical student to fully qualified surgeon. Among Firlik ’ s more memorable cases: a young roofer who walked into the hospital with a three-inch-long barbed nail driven into his forehead, the result of an accident with his partner ’ s nail gun, and a sweet little seven-year-old boy whose untreated earache had become a raging, potentially fatal infection of the brain lining. From OR theatrics to thorny ethical questions, from the surprisingly primitive tools in a neurosurgeon ’ s kit to glimpses of future techniques like the “ brain lift, ” Firlik cracks open medicine ’ s most prestigious and secretive specialty. Candid, smart, clear-eyed, and unfailingly engaging, *Another Day in the Frontal Lobe* is a mesmerizing behind-the-scenes glimpse into a world of incredible competition and incalculable rewards.

The New York Times bestselling author of *Complications* examines, in riveting accounts of medical failure and triumph, how success is achieved in a complex and risk-filled profession. The struggle to perform well is universal: each one of us faces fatigue, limited resources, and imperfect abilities in whatever we do. But nowhere is this drive to do better more important than in medicine, where lives are on the line with every decision. In his new book, Atul Gawande explores how doctors strive to close the gap between best intentions and best performance in the face of obstacles that sometimes seem insurmountable. Gawande's gripping stories of diligence, ingenuity, and what it means to do right by people take us to battlefield surgical tents in Iraq, to labor and delivery rooms in Boston, to a polio outbreak in India, and to malpractice courtrooms around the country. He discusses the ethical dilemmas of doctors' participation in lethal injections, examines the influence of money on modern medicine, and recounts the astoundingly contentious history of hand washing. And as in all his writing, Gawande gives us an inside look at his own life as a practicing surgeon, offering a searingly honest firsthand account of work in a field where mistakes are both unavoidable and unthinkable. At once unflinching and compassionate, *Better* is an exhilarating journey narrated by "arguably the best nonfiction doctor-writer around" (Salon). Gawande's investigation into medical professionals and how they progress from merely good to great provides rare insight into the elements of success, illuminating every area of human endeavor.

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