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The Essential Life Essential Oil Guide Book Review Essential Oils Integrative Medical Guide

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Written by D. Gary Young, famed essential oil expert and founder of Young Living, [↔ Essential Oils Integrative Medical Guide](#) [↔](#) covers everything from the history of essential oils, their unique chemical makeup, and essential oil safety to the Raindrop Technique, Vita Flex Technique, and more. Add this volume to your home health library and always have an expert essential oil guide on hand. [↔](#) [†](#)

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encountered on the job. Examples of specific oils in specific treatments helps readers directly apply book content to everyday practice. Evidence-based content draws from thousands of references. NEW! First and only totally peer-reviewed, evidence-based, clinical aromatherapy book in the world. NEW Chapter on integrative Healthcare documenting how clinical aromatherapy has been integrated into hospitals and healthcare in USA, UK and elsewhere. NEW Chapter on the M Technique: the highly successful method of gentle structured touch pioneered by Jane Buckle that is used in hospitals worldwide. All chapters updated with substantial additional references and tables.

This highly regarded, evidence-based reference provides the most comprehensive and accurate guidance to enjoy the multiple benefits of essential oils. Featuring practical, proven, and easy to follow guidance, this ultimate reference provides everything needed to empower clinicians and individuals to use essential oils safely and effectively.

The second volume in the Aromatica series builds on the fundamentals found in Volume 1: Principles and Profiles. This comprehensive clinical text delves further into the different profiles of essential oils and the proper applications for physiological and psychological functions as well as energetic and Chinese Medicines. Packed with charts depicting different functions and methods of administration, and an extensive catalogue of 40 new essential oil profiles, this is an indispensable guide for all complementary medicine practitioners.

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