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been developed,

tested and

standardized for

product quality,

consistency and yield.

The U.S. Dietary

Guidelines were

among the many

considerations in

both the selection and

development of the

recipes. Many of the

recipes have been

modified to reduce

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fat, salt and calories.

For new and

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consistent use of

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is essential for quality

and economy. Broken

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contains over 1,600

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adjusted up or down to adjust portion size depending on the number of people being fed. The recipes contain a basic nutritional analysis as well, detailing calories, carbohydrates, protein, fat, cholesterol, sodium and calcium. Both volumes of The

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Eggs, Cakes and

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Pastries and Pies,
Puddings and Other
Desserts, and
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Toppings).

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menu planning, this
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cooks and by institutional and catering operations. It originated in 1969 as a consolidation of the cooking manuals of the four main services, and is based on previous military publications dating back to the first standardization efforts in the US Army in 1896.

Download Ebook Armed Recipes are based

primarily on American cookery, with the addition of specialized items such as vegetarian, kosher and halal recipes to meet more specialized needs of those being served. The Service database is now distributed by the Joint Culinary Center of Excellence,

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a division of the US
Army Quartermaster
School based in Fort
Lee, Virginia. Each
recipe card has a
standardized format;
each recipe is
calibrated to feed 100
people, with a basic
nutritional analysis
across the top of the
card.

Susan Wyler's

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is back in print—now
better than ever, with
more than a dozen
new menus, over 70
new recipes, and a
wealth of updated
strategies The
original edition of
Cooking for a Crowd
won great praise all
around: Florence
Fabricant named it
one of the New York

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Times best books of the season. Perla Meyers, author of How to Peel a Peach, advised, "Keep this book as a reference whenever you are entertaining." And Rose Levy Berenbaum, author of The Cake Bible, declared, "She puts together the components of a

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dinner with the

passion, perfection,

and ease of a master

painter. The game

plans . . . enable any

cook to impress

without risk." This

new edition builds on

the premise of the

original-that many a

home cook can

manage the

occasional dinner

party for 4 to 6, but

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When it comes to entertaining a crowd of 10 or more, the logistics become exponentially more complicated. Wyler's ingeniously user-friendly combination of creative menus, do-ahead game plans, and crowd-pleasing recipes makes it possible for any home cook to entertain on a

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large scale. Wyler has expanded the volume to include over 225 recipes and 35 menus for a variety of sizes and occasions-such as Tuscan Lunch for 12 to 16, Black and Orange Halloween Party for 24, even a Wedding Supper for 50. A perfect balance of inspiring and instructive, Cooking

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service and cleaning
utensils. Along with
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such as chowder,
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also includes recipes
for Crimean kebabs,
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1916 manual offers a
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of nutrition and what

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must be one of the
first calorie counters.

Instructions are given
on how to assemble a
field range in a trench
or on a train. Among
the more unusual
recipes are head
cheese—meat stew
made from
scraps—and pickled
pigsfeet. Later
manuals produced
during WWI include

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baking recipes for breads and cakes, as well as how to cook dehydrated products.

“ Culinary and military historians will equally find this a valuable resource. ”

—Booklist

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Alaska's Arctic, her quest for healing is recounted with heartbreaking candor in North of Hope. Undergirded by her faith, Polson's expedition takes her through her through the wilds of her own grief as well as God's beautiful, yet wild and untamed creation—ultimately

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arriving at a place of unshaken hope. She travels from the suburbs of Seattle to the concert hall, performing Mozart ' s Requiem with the Seattle Symphony, to the wilderness of Alaska—where she retraces their final days along an Arctic river. This beautifully

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Written book is for anyone who has experienced grief and is looking for new ways to understand overwhelming loss. Readers will find empathy and understanding through Polson ' s journey. North of Hope is also for those who love the outdoors and find

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solace and healing in nature, as they experience Alaska ' s wild Arctic through the author ' s travels.

This regulation encompasses garrison, field, and subsistence supply operations. Specifically, this regulation comprises Army Staff and major

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Army command
responsibilities and
includes

responsibilities for
the Installation
Management
Command and
subordinate regions.
It also establishes
policy for the
adoption of an à la
carte dining facility
and for watercraft to
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when underway or in dock. Additionally, the regulation identifies DOD 7000.14-R as the source of meal rates for reimbursement purposes; delegates the approval authority for catered meals and host nation meals from Headquarters, Department of the

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commands; and authorizes the use of the Government purchase card for subsistence purchases when in the best interest of the Government. This regulation allows prime vendors as the source of garrison supply and pricing and provides garrison

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menu standards in accordance with The Surgeon General's nutrition standards for feeding military personnel. Also, included is guidance for the implementation of the U.S. Department of Agriculture Food Recovery Program.

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